



Christmas Bark Candy



Gluten Free



Dairy Free



Low Fod Map

READY IN



15 min.

SERVINGS



3

CALORIES



821 kcal

DESSERT

Ingredients

- ☐ 1.5 cups candy-coated chocolate pieces mini
- ☐ 10 ounce vanilla baking chips
- ☐ 2 teaspoons vegetable oil

Equipment

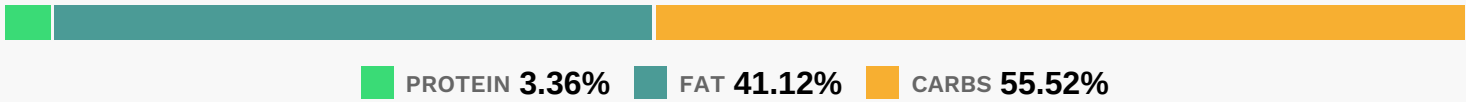
- ☐ bowl
- ☐ frying pan
- ☐ baking pan
- ☐ aluminum foil

- ☐ wax paper
- ☐ microwave

Directions

- ☐ Line a baking pan with wax paper or foil.
- ☐ In a microwave safe bowl combine vanilla chips and vegetable oil; microwave on high until chips are melted. Stir until smooth; let cool for 2 minutes. Stir in candy-coated chocolate pieces.
- ☐ Spread mixture onto prepared pan; chill for 10 minutes and break into pieces.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:3.3165217236332%

Nutrients (% of daily need)

Calories: 820.76kcal (41.04%), Fat: 27.35g (42.08%), Saturated Fat: 15.51g (96.95%), Carbohydrates: 83.09g (27.7%), Net Carbohydrates: 80.28g (29.19%), Sugar: 77g (85.55%), Cholesterol: 15.6mg (5.2%), Sodium: 79.22mg (3.44%), Alcohol: 32.51g (100%), Alcohol %: 20.45% (100%), Protein: 5.03g (10.06%), Calcium: 131.03mg (13.1%), Fiber: 2.81g (11.23%), Manganese: 0.22mg (10.87%), Iron: 1.39mg (7.74%), Vitamin B2: 0.09mg (5.28%), Vitamin K: 5.52µg (5.25%), Vitamin A: 232.96IU (4.66%), Potassium: 139.86mg (4%), Copper: 0.07mg (3.4%), Magnesium: 11.34mg (2.83%), Vitamin B3: 0.4mg (2.01%), Vitamin E: 0.25mg (1.64%), Vitamin B6: 0.02mg (1.23%)