



Christmas Cherry-Berry Pie

 Gluten Free

READY IN



45 min.

SERVINGS



8

CALORIES



243 kcal

DESSERT

Ingredients

- ☐ 2 tablespoons butter
- ☐ 21 oz cherry pie filling canned
- ☐ 0.3 teaspoon cinnamon
- ☐ 1 teaspoon juice of lemon
- ☐ 2 tablespoons milk
- ☐ 3 tablespoons quick-cooking tapioca uncooked
- ☐ 0.3 cup sugar
- ☐ 16 oz whole-berry cranberry sauce canned

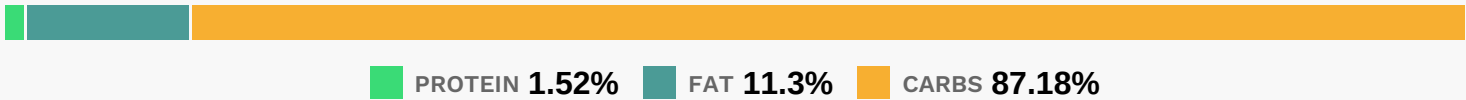
Equipment

- ☐ oven
- ☐ aluminum foil

Directions

- ☐ Combine all ingredients except butter and milk; let stand 15 minutes.
- ☐ Divide pastry in half; set one half aside.
- ☐ Roll half the dough out and line a 9" pie plate; add filling mixture. Dot with butter.
- ☐ Roll remaining dough into a 12-inch circle; cut into 3/4-inch wide strips.
- ☐ Lay strips on pie at one-inch intervals; fold back alternate strips as you weave crosswise strips over and under.
- ☐ Trim crust even with outer rim of pie plate. Dampen edge of crust with water; fold over strips, seal and crimp.
- ☐ Brush lattice with milk.
- ☐ Bake at 400 for 40 to 45 minutes, covering edge of crust with aluminum foil after 15 minutes to prevent browning.

Nutrition Facts



Properties

Glycemic Index:20.39, Glycemic Load:4.43, Inflammation Score:-2, Nutrition Score:2.0452174090821%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 1.53mg, Myricetin: 1.53mg, Myricetin: 1.53mg, Myricetin: 1.53mg Quercetin: 1.36mg, Quercetin: 1.36mg, Quercetin: 1.36mg, Quercetin: 1.36mg

Nutrients (% of daily need)

Calories: 243.04kcal (12.15%), Fat: 3.12g (4.8%), Saturated Fat: 1.89g (11.79%), Carbohydrates: 54.13g (18.04%), Net Carbohydrates: 53.02g (19.28%), Sugar: 24.47g (27.19%), Cholesterol: 7.97mg (2.66%), Sodium: 40.24mg (1.75%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.94g (1.89%), Vitamin A: 270.13IU (5.4%), Fiber: 1.11g (4.42%), Vitamin C: 3.49mg (4.23%), Vitamin E: 0.61mg (4.09%), Copper: 0.08mg (3.75%), Manganese: 0.07mg (3.39%), Potassium: 101.52mg (2.9%), Iron: 0.42mg (2.34%), Vitamin B1: 0.03mg (1.97%), Vitamin B6: 0.04mg (1.91%), Vitamin B2: 0.03mg (1.85%), Phosphorus: 18.15mg (1.81%), Magnesium: 6.94mg (1.73%), Calcium: 16.07mg (1.61%), Vitamin K: 1.07µg (1.02%)