

Christmas Lane Cake







DESSERT

Ingredients

3.3 cups all purpose flour sifted
1 halves apricots dried
3.5 teaspoons double-acting baking powder
3 tablespoons bourbon
0.8 cup cherries dried
3 ounce cream cheese room temperature
0.8 cup apricots dried finely chopped
8 large egg whites
8 large egg yolks

Bake cakes until tester inserted into center comes out clean, about 20 minutes. Turn cakes out onto racks; peel off paper. Cool completely.
Mix bourbon, cherries and apricots in small bowl. Cover; let stand at room temperature until most of bourbon is absorbed and fruit softens, at least 3 hours and up to 1 day.
Using electric mixer, beat yolks and sugar in medium bowl until mixture falls in heavy ribbon when beaters are lifted, about 5 minutes. Beat in butter.
Transfer yolk mixture to heavy medium saucepan. Stir over medium-low heat until thermometer registers 160°F and mixture is thick, about 15 minutes.
Remove from heat; mix in nuts, coconut and fruit mixture. Chill until cold, about 4 hours.
Mix in chocolate. (Cake layers and filling can be made 1 day ahead. Wrap cakes; store at room temperature. Cover filling; chill.)
Place 1 cake layer on platter.
Spread with 1/3 of filling. Repeat layering of cake and filling 2 more times. Top with final cake layer, pressing slightly.
Chill cake.
Beat cream cheese and 1/4 cup powdered sugar in medium bowl until smooth. Beat in bourbon and vanilla. Beat cream and 1/2 cup powdered sugar in large bowl until soft peaks form.
Add cream cheese mixture to whipped cream; beat until stiff enough to spread.
Spread frosting over top and sides of cake. If desired, place pecans around edge of cake. Using rolling pin, flatten apricot halves between sheets of plastic wrap.
Cut out leaf shapes. Arrange on cake. (Can be made 2 days ahead. Cover with cake dome; chill.)
Nutrition Facts
PROTEIN C 920/ 40 00/ 40 070/
PROTEIN 6.83% FAT 46.8% CARBS 46.37%

Properties

Glycemic Index:40.49, Glycemic Load:38.77, Inflammation Score:-8, Nutrition Score:16.883912998697%

Flavonoids

Cyanidin: 3.49mg, Cyanidin: 3.49mg, Cyanidin: 3.49mg, Cyanidin: 3.49mg Delphinidin: 0.6mg, Delphinidin: 0.6mg, Delphinidin: 0.6mg, Delphinidin: 0.6mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.13mg, Peonidin: 0.13mg, Peo

Nutrients (% of daily need)

Calories: 697.95kcal (34.9%), Fat: 36.62g (56.33%), Saturated Fat: 19.12g (119.53%), Carbohydrates: 81.64g (27.21%), Net Carbohydrates: 76.9g (27.96%), Sugar: 49.65g (55.17%), Cholesterol: 186.52mg (62.17%), Sodium: 325.74mg (14.16%), Alcohol: 1.42g (100%), Alcohol %: 0.81% (100%), Caffeine: 8.13mg (2.71%), Protein: 12.02g (24.04%), Manganese: 0.86mg (43.07%), Selenium: 27.05µg (38.65%), Vitamin A: 1663.4lU (33.27%), Vitamin B2: 0.47mg (27.46%), Vitamin B1: 0.37mg (24.68%), Phosphorus: 227.32mg (22.73%), Folate: 85.79µg (21.45%), Iron: 3.53mg (19.63%), Copper: 0.38mg (19.03%), Fiber: 4.74g (18.96%), Calcium: 168.03mg (16.8%), Potassium: 508.67mg (14.53%), Vitamin B3: 2.81mg (14.04%), Magnesium: 53.48mg (13.37%), Vitamin E: 1.88mg (12.5%), Zinc: 1.46mg (9.76%), Vitamin D: 1.45µg (9.69%), Vitamin B5: 0.96mg (9.56%), Vitamin B12: 0.45µg (7.45%), Vitamin B6: 0.14mg (6.85%), Vitamin K: 3.74µg (3.56%), Vitamin C: 1.06mg (1.29%)