



Christmas Tree Bites

 Gluten Free

READY IN



140 min.

SERVINGS



64

CALORIES



15 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 oz cream cheese softened
- 0.5 cup roasted peppers red drained chopped (from 7.25-oz jar)
- 0.3 cup olives ripe chopped
- 0.3 cup basil fresh chopped
- 0.3 cup parmesan shredded
- 4 10-inch spinach flavor flour wraps (8 to es in diameter)
- 1 serving oz. bacon into pieces ripe

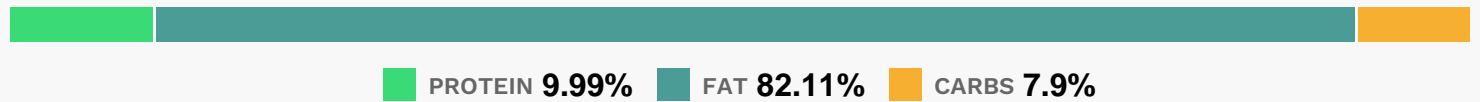
Equipment

- bowl
- plastic wrap
- toothpicks

Directions

- In medium bowl, mix all ingredients except tortillas and olive pieces. Divide mixture among tortillas, spreading to edges of tortillas.
- Roll up tightly. Press each tortilla roll into triangle shape, using fingers. Wrap in plastic wrap. Refrigerate at least 2 hours but no longer than 24 hours.
- To serve, cut rolls into 1/2-inch slices.
- Place olive piece at bottom of each triangle to look like tree trunk; secure with toothpick.

Nutrition Facts



Properties

Glycemic Index:1.94, Glycemic Load:0.06, Inflammation Score:-1, Nutrition Score:0.33130434633273%

Nutrients (% of daily need)

Calories: 15.16kcal (0.76%), Fat: 1.41g (2.17%), Saturated Fat: 0.8g (4.97%), Carbohydrates: 0.31g (0.1%), Net Carbohydrates: 0.27g (0.1%), Sugar: 0.14g (0.16%), Cholesterol: 3.87mg (1.29%), Sodium: 41.45mg (1.8%), Alcohol: 0g (0%), Alcohol %: 0% (100%), Protein: 0.39g (0.77%), Vitamin A: 63.44IU (1.27%)