



## Cinnamon Coffee Frosting



Vegetarian



Gluten Free

READY IN



10 min.

SERVINGS



10

CALORIES



228 kcal

BEVERAGE

DRINK

### Ingredients

- ☐ 0.5 cup butter softened
- ☐ 3 cups confectioners' sugar
- ☐ 0.5 teaspoon ground cinnamon
- ☐ 1 teaspoon coffee granules instant
- ☐ 0.3 cup milk
- ☐ 1 pinch salt
- ☐ 1 teaspoon vanilla extract

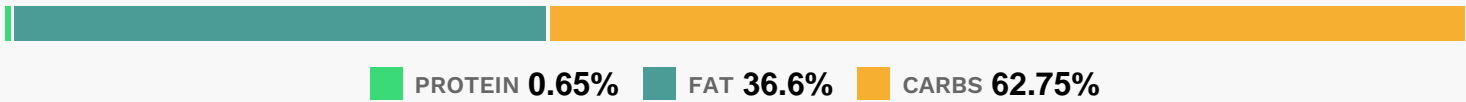
### Equipment

bowl

## Directions

In a small bowl, mash instant coffee with the back of a spoon until powdery. Stir in cinnamon and salt. In a large bowl, beat the butter until smooth, then stir in spice mixture and vanilla. Alternately beat in confectioners' sugar and milk until desired consistency is achieved.

## Nutrition Facts



## Properties

Glycemic Index:9.3, Glycemic Load:0.15, Inflammation Score:-1, Nutrition Score:0.8330434774575%

## Nutrients (% of daily need)

Calories: 228.05kcal (11.4%), Fat: 9.47g (14.56%), Saturated Fat: 5.99g (37.41%), Carbohydrates: 36.52g (12.17%), Net Carbohydrates: 36.47g (13.26%), Sugar: 35.66g (39.62%), Cholesterol: 25.38mg (8.46%), Sodium: 80.75mg (3.51%), Alcohol: 0.14g (100%), Alcohol %: 0.31% (100%), Caffeine: 3.14mg (1.05%), Protein: 0.38g (0.76%), Vitamin A: 297.11IU (5.94%), Vitamin E: 0.27mg (1.8%), Calcium: 14.28mg (1.43%), Vitamin B2: 0.02mg (1.32%), Phosphorus: 11.33mg (1.13%), Manganese: 0.02mg (1.09%), Vitamin B12: 0.06µg (1.05%)