



Cinnamon Honey Butter- Gifts in a Jar



Vegetarian



Gluten Free



Popular

READY IN



45 min.

SERVINGS



30

CALORIES



105 kcal

CONDIMENT

DIP

SPREAD

Ingredients

- ☐ 1 cup butter softened
- ☐ 2 tsp cinnamon
- ☐ 3 half and half
- ☐ 1 cup honey
- ☐ 1 cup powdered sugar

Equipment

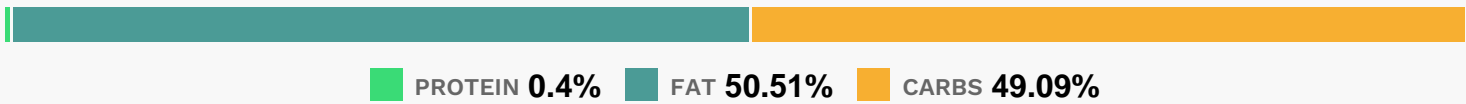
- ☐ bowl
- ☐ whisk

- ☐ blender
- ☐ spatula
- ☐ pastry bag

Directions

- ☐ Combine all ingredients in bowl. Using whisk attachment on mixer blend until smooth and creamy, scraping down sides of bowl as needed. Use rubber spatula to pour mixture in to a large pastry bag (or Ziploc® bag), cut off tip and squeeze into half pint jars. (tip: place bag in tall glass for support, or have someone hold the bag while you pour) Keep refrigerated.
- ☐ Serve room temperature.

Nutrition Facts



Properties

Glycemic Index:3.58, Glycemic Load:4.86, Inflammation Score:-1, Nutrition Score:0.50130434941662%

Nutrients (% of daily need)

Calories: 104.72kcal (5.24%), Fat: 6.15g (9.46%), Saturated Fat: 3.9g (24.36%), Carbohydrates: 13.45g (4.48%), Net Carbohydrates: 13.34g (4.85%), Sugar: 13.2g (14.67%), Cholesterol: 16.3mg (5.43%), Sodium: 49.26mg (2.14%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.11g (0.22%), Vitamin A: 189.96IU (3.8%), Manganese: 0.04mg (1.97%), Vitamin E: 0.18mg (1.2%)