



Cinnamon Streusel Crisps

 Dairy Free

READY IN



32 min.

SERVINGS



20

CALORIES



122 kcal

DESSERT

Ingredients

- 0.8 teaspoon ground cinnamon
- 0.3 cup brown sugar light packed
- 0.3 cup pecans finely chopped
- 16.5 ounce sugar cookie dough refrigerated

Equipment

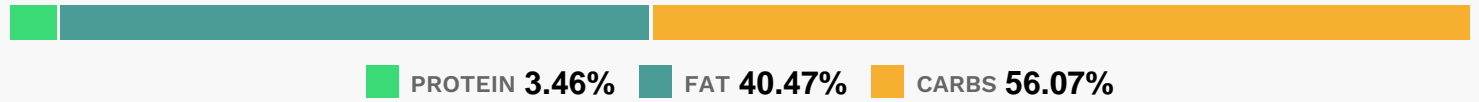
- baking sheet
- oven
- mixing bowl

- wire rack
- cutting board

Directions

- Preheat oven to 350; place rack in center of oven. Freeze sugar cookie dough 1 hour.
- Remove from freezer, and place on cutting board.
- Cut dough into 1/4-inch slices (about 2832 slices); arrange 2 inches apart on 2 parchment paperlined baking sheets.
- Combine brown sugar, chopped pecans, cinnamon, and, if desired, nutmeg in a small mixing bowl. Top cookies with 3/4 teaspoon streusel.
- Bake 12 minutes or until edges are crisp and browned.
- Let cool on baking sheet 3 minutes; remove to a wire rack to cool completely.

Nutrition Facts



Properties

Glycemic Index:0.75, Glycemic Load:0.01, Inflammation Score:-1, Nutrition Score:1.6626086819755%

Flavonoids

Cyanidin: 0.15mg, Cyanidin: 0.15mg, Cyanidin: 0.15mg, Cyanidin: 0.15mg Delphinidin: 0.1mg, Delphinidin: 0.1mg, Delphinidin: 0.1mg, Delphinidin: 0.1mg Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg, Catechin: 0.1mg Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg

Nutrients (% of daily need)

Calories: 122.02kcal (6.1%), Fat: 5.54g (8.52%), Saturated Fat: 1.35g (8.47%), Carbohydrates: 17.27g (5.76%), Net Carbohydrates: 16.88g (6.14%), Sugar: 11.26g (12.51%), Cholesterol: 2.57mg (0.86%), Sodium: 68.84mg (2.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.07g (2.13%), Manganese: 0.15mg (7.41%), Phosphorus: 43.46mg (4.35%), Vitamin B1: 0.06mg (3.8%), Folate: 15.07µg (3.77%), Vitamin B3: 0.58mg (2.92%), Iron: 0.49mg (2.74%), Vitamin K: 2.13µg (2.03%), Vitamin B2: 0.03mg (1.78%), Fiber: 0.38g (1.52%), Copper: 0.03mg (1.33%), Potassium: 43.95mg (1.26%), Selenium: 0.81µg (1.16%)