



Cinnamon Toast Crunch® Cold Brew Coffee

READY IN



60 min.

SERVINGS



5

CALORIES



207 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.8 cup coffee-bean granita
- ☐ 3 cups water cold
- ☐ 3 cups buttered toast
- ☐ 3 cups milk whole
- ☐ 1 serving ice cubes
- ☐ 1 serving whipped cream
- ☐ 2 tablespoons mrs richardson's butterscotch caramel sauce
- ☐ 1 serving corn flakes/bran flakes crushed

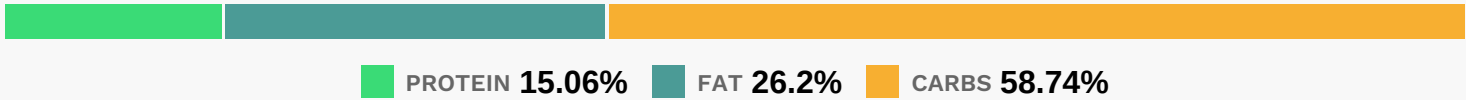
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ sieve
- ☐ aluminum foil

Directions

- ☐ Grind coffee into medium-fine grounds.
- ☐ Place coffee in large glass container. Stir in cold water. Cover and refrigerate 24 hours. Strain coffee through fine mesh strainer. Strain again through coffee filter; discard grounds.
- ☐ Heat oven to 300°F. Line 15x10x1-inch pan with foil.
- ☐ Spread 3 cups cereal in pan.
- ☐ Bake 10 minutes; stir.
- ☐ Bake 5 minutes longer or until toasted. Cool 10 minutes.
- ☐ Add toasted cereal to large bowl.
- ☐ Add milk; stir. Refrigerate 30 minutes. Strain milk mixture through strainer; discard solids.
- ☐ In 2-quart glass pitcher, stir together cold coffee and milk mixture. To serve, pour into glasses filled with ice; top with whipped cream, caramel sauce and crushed cereal.

Nutrition Facts



Properties

Glycemic Index:33.05, Glycemic Load:5.38, Inflammation Score:-5, Nutrition Score:11.299999897409%

Nutrients (% of daily need)

Calories: 206.99kcal (10.35%), Fat: 6.16g (9.47%), Saturated Fat: 3.07g (19.18%), Carbohydrates: 31.06g (10.35%), Net Carbohydrates: 29.29g (10.65%), Sugar: 14.09g (15.66%), Cholesterol: 18.75mg (6.25%), Sodium: 282.91mg (12.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 15.02mg (5.01%), Protein: 7.96g (15.92%), Calcium:

224.57mg (22.46%), Vitamin B2: 0.38mg (22.22%), Phosphorus: 206.8mg (20.68%), Selenium: 14.42µg (20.6%), Vitamin B12: 1.11µg (18.56%), Vitamin B1: 0.27mg (18.17%), Folate: 68.3µg (17.07%), Manganese: 0.34mg (16.88%), Iron: 2.58mg (14.33%), Vitamin D: 1.81µg (12.09%), Vitamin B3: 2.22mg (11.08%), Vitamin B6: 0.21mg (10.44%), Magnesium: 40.39mg (10.1%), Potassium: 293.99mg (8.4%), Vitamin A: 402.59IU (8.05%), Zinc: 1.1mg (7.36%), Fiber: 1.77g (7.09%), Vitamin B5: 0.69mg (6.9%), Copper: 0.09mg (4.67%), Vitamin K: 1.46µg (1.39%), Vitamin E: 0.2mg (1.31%)