

Citrus Biscotti

 Dairy Free

READY IN



105 min.

SERVINGS



30

CALORIES



80 kcal

DESSERT

Ingredients

- 2 eggs
- 0.5 cup flour all-purpose gold medal®
- 0.3 cup optional: lemon betty crocker®
- 1 box lemon cake mix betty crocker® supermoist®
- 2 teaspoons juice of lemon
- 2 tablespoons lemon zest grated
- 1 tablespoon lime zest grated
- 1 tablespoon orange zest grated

1 tablespoon vegetable oil

Equipment

bowl

frying pan

baking sheet

oven

wire rack

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Lightly grease or spray large cookie sheet. In large bowl, mix biscotti ingredients with spoon until dough forms.
- On cookie sheet, shape dough into 14x3-inch rectangle, 1/2 inch thick.
- Bake 19 to 25 minutes or until golden brown. Cool on cookie sheet on cooling rack 15 minutes.
- Cut dough crosswise into 1/2-inch slices. Arrange slices cut side up on cookie sheet.
- Bake 7 to 8 minutes or until bottoms are light golden brown; turn slices over.
- Bake 7 to 8 minutes longer or until bottoms are light golden brown. Cool 5 minutes; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.
- In small bowl, mix glaze ingredients until thin enough to drizzle.
- Drizzle over biscotti. Before stacking biscotti, let stand about 4 hours or until glaze is set. Store loosely covered.

Nutrition Facts



PROTEIN 6.21% **FAT 13.83%** **CARBS 79.96%**

Properties

Glycemic Index:4.42, Glycemic Load:1.18, Inflammation Score:-1, Nutrition Score:2.0239130582498%

Flavonoids

Eriodictyol: 0.39mg, Eriodictyol: 0.39mg, Eriodictyol: 0.39mg, Eriodictyol: 0.39mg Hesperetin: 0.63mg, Hesperetin: 0.63mg, Hesperetin: 0.63mg, Hesperetin: 0.63mg Naringenin: 0.02mg, Naringenin: 0.02mg,

Naringenin: 0.02mg, Naringenin: 0.02mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg
Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg,
Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 80.23kcal (4.01%), Fat: 1.24g (1.91%), Saturated Fat: 0.44g (2.78%), Carbohydrates: 16.14g (5.38%), Net
Carbohydrates: 15.75g (5.73%), Sugar: 7.55g (8.39%), Cholesterol: 10.91mg (3.64%), Sodium: 129.74mg (5.64%),
Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.25g (2.51%), Phosphorus: 61.92mg (6.19%), Folate: 17.3µg
(4.32%), Calcium: 39.72mg (3.97%), Vitamin B1: 0.06mg (3.91%), Vitamin B2: 0.06mg (3.79%), Selenium: 2.14µg
(3.05%), Iron: 0.52mg (2.91%), Vitamin B3: 0.53mg (2.65%), Manganese: 0.05mg (2.43%), Vitamin C: 1.91mg
(2.32%), Vitamin E: 0.23mg (1.55%), Fiber: 0.38g (1.53%), Vitamin K: 1.35µg (1.29%), Vitamin B5: 0.12mg (1.23%),
Vitamin B6: 0.02mg (1.09%)