



Citrus-Cream Cheese Pull-Apart Rolls

 Dairy Free

READY IN



45 min.

SERVINGS



48

CALORIES



78 kcal

Ingredients

- 25 ounce roll dough frozen
- 1 large eggs
- 1 cup granulated sugar divided
- 5 teaspoons juice of lemon fresh
- 1 tablespoon lemon rind grated
- 2 tablespoons orange juice fresh
- 1 tablespoon orange rind grated
- 1 cup powdered sugar
- 0.3 cup stick margarine melted

- 0.5 cup cranberries dried sweetened chopped (such as Craisins)

Equipment

- oven
- blender
- plastic wrap
- aluminum foil

Directions

- Thaw roll dough at room temperature 30 minutes.
- Cut rolls in half.
- Place 24 halves, cut sides down, in bottom of each of 2 (9-inch) round cake pans coated with cooking spray.
- Brush butter evenly over rolls. Cover; let rise in a warm place (85), free from drafts, 30 minutes.
- Sprinkle with dried cranberries.
- Combine 1/4 cup granulated sugar, cream cheese, orange juice, and egg; beat at medium speed of a mixer until well-blended.
- Pour cream cheese mixture evenly over rolls.
- Combine 3/4 cup granulated sugar, and rinds.
- Sprinkle evenly over rolls. Cover and let rise 1 hour or until doubled in size.
- Preheat oven to 35
- Bake at 350 for 20 minutes. Cover with foil.
- Bake an additional 5 minutes or until rolls in center are done.
- Remove from oven; cool 15 minutes.
- Combine powdered sugar and lemon juice.
- Drizzle over rolls.
- Overnight Variation: After pouring the cream cheese mixture over rolls, cover with plastic wrap and refrigerate 12 hours. Gently remove plastic wrap from rolls; sprinkle with rind mixture.

Let stand at room temperature 30 minutes or until dough has doubled in size. Proceed with recipe as directed.

Nutrition Facts



PROTEIN 5.29% **FAT 18.09%** **CARBS 76.62%**

Properties

Glycemic Index:2.54, Glycemic Load:2.95, Inflammation Score:-1, Nutrition Score:0.33130434625175%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.16mg, Hesperetin: 0.16mg, Hesperetin: 0.16mg, Hesperetin: 0.16mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 78.23kcal (3.91%), Fat: 1.55g (2.39%), Saturated Fat: 0.24g (1.5%), Carbohydrates: 14.81g (4.94%), Net Carbohydrates: 14.43g (5.25%), Sugar: 7.6g (8.45%), Cholesterol: 3.88mg (1.29%), Sodium: 82.72mg (3.6%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.02g (2.04%), Fiber: 0.38g (1.54%), Vitamin C: 0.89mg (1.08%), Vitamin A: 51.74IU (1.03%)