



Citrus Shortbread Cookies

 Vegetarian

READY IN



275 min.

SERVINGS



24

CALORIES



153 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon almond extract
- ☐ 0.3 teaspoon double-acting baking powder
- ☐ 1 cup butter softened
- ☐ 0.8 cup confectioners' sugar
- ☐ 2 cups flour all-purpose
- ☐ 1 tablespoon orange zest grated to taste
- ☐ 0.1 teaspoon salt
- ☐ 2 cups cranberries dried sweetened chopped

☐ 2 teaspoons vanilla extract

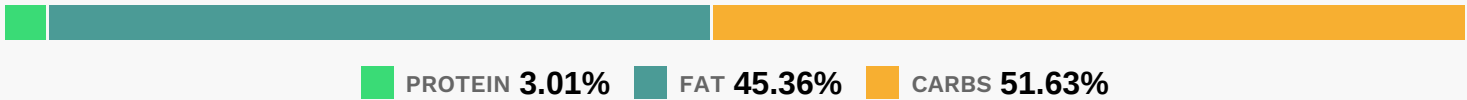
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ plastic wrap
- ☐ hand mixer
- ☐ wax paper

Directions

- ☐ Combine flour, baking powder, and salt in a bowl; set aside. Beat the butter and confectioners' sugar with an electric mixer in a large bowl until smooth. Stir in the vanilla and almond extracts and orange zest.
- ☐ Mix in the flour mixture until just incorporated. Fold in the cranberries; mixing just enough to evenly combine.
- ☐ Divide the dough into 2 equal portions, then roll into logs about 7 inches long. Wrap each log in wax paper or plastic wrap, and chill in the refrigerator for at least 4 hours.
- ☐ Preheat an oven to 350 degrees F (175 degrees C).
- ☐ Remove wax paper, and cut the cookie dough into 1/2-inch slices. Arrange the slices on a baking sheet about 1 inch apart.
- ☐ Bake in the preheated oven until firm but not browned, about 10 minutes.

Nutrition Facts



Properties

Glycemic Index:9.04, Glycemic Load:5.76, Inflammation Score:-2, Nutrition Score:2.1847826268362%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg

Nutrients (% of daily need)

Calories: 152.9kcal (7.64%), Fat: 7.88g (12.13%), Saturated Fat: 4.89g (30.54%), Carbohydrates: 20.19g (6.73%), Net Carbohydrates: 19.34g (7.03%), Sugar: 11.09g (12.32%), Cholesterol: 20.34mg (6.78%), Sodium: 78.18mg (3.4%), Alcohol: 0.14g (100%), Alcohol %: 0.53% (100%), Protein: 1.18g (2.36%), Vitamin B1: 0.08mg (5.59%), Selenium: 3.71µg (5.3%), Manganese: 0.1mg (4.95%), Folate: 19.42µg (4.86%), Vitamin A: 237.41IU (4.75%), Vitamin B2: 0.06mg (3.46%), Vitamin B3: 0.68mg (3.39%), Fiber: 0.84g (3.37%), Iron: 0.53mg (2.97%), Vitamin E: 0.44mg (2.92%), Phosphorus: 15.32mg (1.53%), Vitamin K: 1.46µg (1.39%), Copper: 0.02mg (1.11%)