

Citrus Sidecar



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



340 kcal

BEVERAGE

DRINK

Ingredients

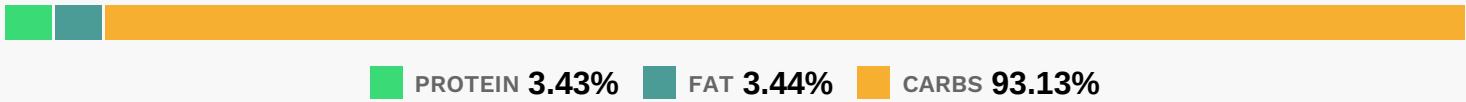
- ☐ 3 tablespoons bourbon preferably small-batch
- ☐ 1 tablespoon juice of lemon
- ☐ 1 serving sugar for coating glass rims
- ☐ 1 tangerine wedge
- ☐ 1 serving tangerine twist for garnish
- ☐ 2 tablespoons tangerine juice
- ☐ 1.5 tablespoons triple sec

Equipment

Directions

- ☐ Rub the rim of a chilled cocktail glass with a tangerine wedge. Spoon a thin layer of sugar onto a small plate and gently twist the rim in the sugar to coat.
- ☐ Put remaining ingredients in a cocktail shaker with ice, then shake for 15 seconds. Strain into glass and garnish with a twist.

Nutrition Facts



Properties

Glycemic Index:169.09, Glycemic Load:17.89, Inflammation Score:-8, Nutrition Score:9.3047827663629%

Flavonoids

Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg Hesperetin: 22.87mg, Hesperetin: 22.87mg, Hesperetin: 22.87mg, Hesperetin: 22.87mg Naringenin: 20.35mg, Naringenin: 20.35mg, Naringenin: 20.35mg, Naringenin: 20.35mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 339.88kcal (16.99%), Fat: 0.81g (1.25%), Saturated Fat: 0.11g (0.71%), Carbohydrates: 49.42g (16.47%), Net Carbohydrates: 45.77g (16.64%), Sugar: 43.41g (48.23%), Cholesterol: 0mg (0%), Sodium: 6.76mg (0.29%), Alcohol: 20.88g (100%), Alcohol %: 8.24% (100%), Caffeine: 5.85mg (1.95%), Protein: 1.82g (3.64%), Vitamin C: 67.1mg (81.33%), Vitamin A: 1417.29IU (28.35%), Fiber: 3.65g (14.6%), Potassium: 403mg (11.51%), Vitamin B1: 0.14mg (9.22%), Folate: 36µg (9%), Vitamin B6: 0.17mg (8.67%), Calcium: 79.46mg (7.95%), Magnesium: 27.58mg (6.9%), Copper: 0.11mg (5.59%), Manganese: 0.1mg (5.1%), Vitamin B2: 0.09mg (5.05%), Vitamin B5: 0.48mg (4.82%), Phosphorus: 47.89mg (4.79%), Vitamin B3: 0.82mg (4.11%), Vitamin E: 0.45mg (3.03%), Iron: 0.4mg (2.25%), Zinc: 0.18mg (1.2%)