



Clarence's Cranberry Toddy

 Vegetarian  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



182 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 6 dashes angostura bitters
- 0.5 tsp cinnamon
- 1 stick cinnamon (garnish)
- 1 pint 1/4 cup dried cranberry (juice sweetened if possible)
- 3 tsp honey
- 2 oz juice of lemon fresh
- 6 oz vodka (I prefer Stolli)

Equipment

sauce pan

Directions

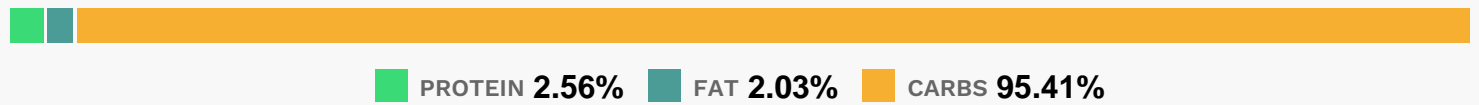
In a medium sauce pan heat all the ingredients (except the vodka) to just about the boiling point.

Let stand for 1 minute.

Add cranberry vodka and stir.

Pour into a heat-resistant cocktail glass and garnish with a strawberry.

Nutrition Facts



Properties

Glycemic Index:33.32, Glycemic Load:10.29, Inflammation Score:-3, Nutrition Score:3.3400000074635%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 181.83kcal (9.09%), Fat: 0.2g (0.31%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 21.39g (7.13%), Net Carbohydrates: 20.58g (7.49%), Sugar: 19.2g (21.34%), Cholesterol: 0mg (0%), Sodium: 3.26mg (0.14%), Alcohol: 14.88g (100%), Alcohol %: 10.31% (100%), Protein: 0.57g (1.15%), Vitamin C: 16.56mg (20.07%), Manganese: 0.22mg (10.77%), Vitamin E: 1.47mg (9.79%), Vitamin K: 6.41µg (6.1%), Copper: 0.08mg (3.88%), Vitamin B6: 0.07mg (3.56%), Potassium: 114.01mg (3.26%), Fiber: 0.81g (3.23%), Iron: 0.43mg (2.41%), Calcium: 22.65mg (2.27%), Magnesium: 8.77mg (2.19%), Phosphorus: 19.62mg (1.96%), Vitamin B2: 0.03mg (1.7%), Vitamin A: 57.62IU (1.15%), Vitamin B1: 0.02mg (1.1%), Zinc: 0.16mg (1.06%), Folate: 4.19µg (1.05%)