



Classic Canadian Caesar



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



189 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 celery stick
- ☐ 8 fluid ounces tomato and clam juice cocktail clamato® (such as)
- ☐ 1 serving ice cubes as needed
- ☐ 1 lime wedges
- ☐ 1 dash pepper sauce hot to taste tabasco® (such as)
- ☐ 1 fluid ounce vodka
- ☐ 1 dash worcestershire sauce to taste

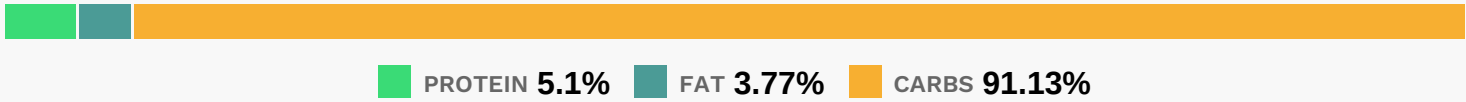
Equipment

☐ drinking straws

Directions

- ☐ Wet the rim of a cocktail glass with the lime wedge; set aside for garnish.
- ☐ Place celery salt in a small dish, and press the rim of the glass into the salt to coat.
- ☐ Add ice to the glass.
- ☐ Pour vodka, Worcestershire sauce, and hot pepper sauce over the ice; top with tomato-clam juice.
- ☐ Garnish with lime wedge and celery stick.
- ☐ Serve with a straw.

Nutrition Facts



Properties

Glycemic Index:79, Glycemic Load:0.46, Inflammation Score:-5, Nutrition Score:4.1526087211526%

Flavonoids

Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 188.6kcal (9.43%), Fat: 0.52g (0.79%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 28.11g (9.37%), Net Carbohydrates: 26.59g (9.67%), Sugar: 8.29g (9.21%), Cholesterol: 0mg (0%), Sodium: 878.65mg (38.2%), Alcohol: 9.88g (100%), Alcohol %: 3.63% (100%), Protein: 1.57g (3.15%), Vitamin C: 17.39mg (21.08%), Vitamin B6: 0.16mg (7.76%), Vitamin A: 380.39IU (7.61%), Potassium: 247.74mg (7.08%), Fiber: 1.51g (6.06%), Folate: 21.89µg (5.47%), Copper: 0.1mg (4.78%), Manganese: 0.08mg (4.07%), Vitamin B1: 0.06mg (3.88%), Magnesium: 14.04mg (3.51%), Phosphorus: 32.31mg (3.23%), Vitamin B3: 0.6mg (3.01%), Iron: 0.53mg (2.93%), Calcium: 29.22mg (2.92%), Vitamin B5: 0.25mg (2.45%), Vitamin B2: 0.04mg (2.22%), Vitamin E: 0.31mg (2.08%), Zinc: 0.22mg (1.48%), Selenium: 1.04µg (1.48%), Vitamin K: 1.29µg (1.23%), Vitamin B12: 0.07µg (1.18%)