



Classic Champagne Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



135 kcal

BEVERAGE

DRINK

Ingredients



1 serving angostura bitters



1 serving champagne



1 serving orange twist for garnish



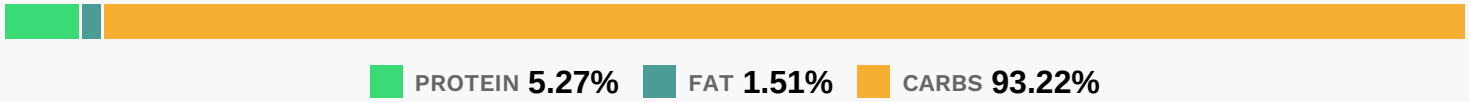
1 sugar cube

Equipment

Directions

- ☐
- Soak the sugar cube in Angostura bitters and drop into a champagne flute. Top with a luxury champagne or a sparkling wine.
- ☐
- Garnish with a lemon or orange twist.
- ☐
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Nutrition Facts



Properties

Glycemic Index:112.59, Glycemic Load:6.39, Inflammation Score:-7, Nutrition Score:5.585217429244%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 134.98kcal (6.75%), Fat: 0.12g (0.19%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 16.8g (5.6%), Net Carbohydrates: 14.64g (5.32%), Sugar: 14.24g (15.82%), Cholesterol: 0mg (0%), Sodium: 10.4mg (0.45%), Alcohol: 9.92g (100%), Alcohol %: 5.18% (100%), Protein: 0.95g (1.9%), Vitamin C: 47.88mg (58.04%), Fiber: 2.16g (8.64%), Potassium: 293.22mg (8.38%), Folate: 28.48µg (7.12%), Magnesium: 23.8mg (5.95%), Vitamin B1: 0.08mg (5.22%), Calcium: 49.36mg (4.94%), Vitamin B6: 0.08mg (4.18%), Vitamin A: 202.5IU (4.05%), Iron: 0.68mg (3.8%), Phosphorus: 34.8mg (3.48%), Vitamin B2: 0.05mg (3.03%), Copper: 0.06mg (2.85%), Vitamin B5: 0.22mg (2.25%), Vitamin B3: 0.4mg (2.01%), Zinc: 0.18mg (1.21%), Manganese: 0.02mg (1.13%), Selenium: 0.77µg (1.1%), Vitamin E: 0.16mg (1.08%)