



Classic Cheesecake with Truvia® Natural Sweetener-DUP

READY IN



45 min.

SERVINGS



12

CALORIES



269 kcal

Ingredients

- ☐ 0.3 cup butter melted
- ☐ 1 pound cream cheese softened
- ☐ 4 egg substitute whole
- ☐ 1.5 cups graham cracker crumbs
- ☐ 4 tablespoons juice of lemon fresh
- ☐ 1 tablespoon lemon zest fresh
- ☐ 0.3 cup natural sweetener spoonable truvia®
- ☐ 8 ounces neufchâtel cheese
- ☐ 0.1 teaspoon salt

☐ 0.5 teaspoon vanilla extract

Equipment

☐ bowl

☐ frying pan

☐ oven

☐ mixing bowl

☐ wire rack

☐ serrated knife

Directions

☐ Preheat oven to 325 degrees F.

☐ Assemble all ingredients.

☐ Place graham cracker crumbs and Truvia® natural sweetener into mixing bowl; mix well.

☐ Pour melted butter and vanilla over crumb mixture; blend until mixture is moist.

☐ Press crumb mixture into 10-inch ungreased spring form pan, covering bottom and sides; refrigerate for 10 minutes.

☐ Place Truvia® natural sweetener, cream cheese, Neufchatel, and salt into mixing bowl.

☐ Blend at low speed for 1 minute; scrape sides of bowl and mixing paddle.

☐ Mixing at low speed, add one egg at a time over 5 minutes.

☐ Scrape sides of bowl and paddle.

☐ Mix at medium speed for 2 minutes while adding lemon zest and juice; scrape bowl and mixing paddle.

☐ Pour batter into graham cracker crust;

☐ Bake in oven for 55–60 minutes.

☐ Remove from oven; cool on wire rack for 1 hour;

☐ Cut into 12 pieces using a water dipped serrated knife and serve or refrigerate.

Nutrition Facts



 PROTEIN **7.33%**  FAT **73.74%**  CARBS **18.93%**

Properties

Glycemic Index:10.67, Glycemic Load:6.4, Inflammation Score:-5, Nutrition Score:5.1434782966971%

Flavonoids

Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg Hesperetin: 0.72mg, Hesperetin: 0.72mg, Hesperetin: 0.72mg, Hesperetin: 0.72mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 269.16kcal (13.46%), Fat: 22.49g (34.61%), Saturated Fat: 11.17g (69.82%), Carbohydrates: 12.99g (4.33%), Net Carbohydrates: 12.2g (4.44%), Sugar: 4.81g (5.34%), Cholesterol: 52.16mg (17.39%), Sodium: 321.89mg (14%), Alcohol: 0.06g (100%), Alcohol %: 0.09% (100%), Protein: 5.03g (10.07%), Manganese: 0.4mg (20.17%), Vitamin A: 843.58IU (16.87%), Phosphorus: 92.48mg (9.25%), Vitamin B2: 0.15mg (8.78%), Calcium: 86.79mg (8.68%), Selenium: 4.2µg (5.99%), Iron: 1.01mg (5.6%), Zinc: 0.61mg (4.09%), Vitamin E: 0.61mg (4.06%), Magnesium: 15.47mg (3.87%), Vitamin C: 3.18mg (3.85%), Potassium: 122.68mg (3.51%), Vitamin B5: 0.34mg (3.42%), Fiber: 0.8g (3.18%), Folate: 12.64µg (3.16%), Vitamin B1: 0.04mg (2.83%), Vitamin B3: 0.54mg (2.68%), Vitamin B6: 0.05mg (2.67%), Vitamin B12: 0.15µg (2.43%), Vitamin K: 1.83µg (1.74%), Copper: 0.03mg (1.43%)