

## Classic Dry Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



204 kcal

BEVERAGE

DRINK

## Ingredients



0.5 ounce vermouth dry



2.5 ounces london gin dry such as beefeater



1 serving olive green for garnish



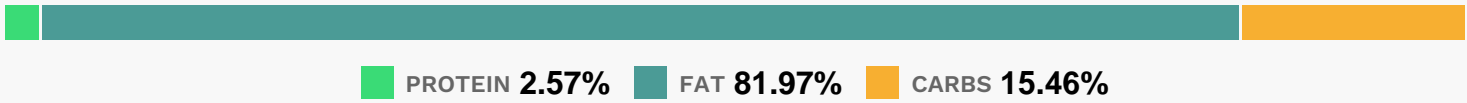
1 serving cracked ice

## Equipment

## Directions

- ☐
- In mixing glass or cocktail shaker filled with ice, combine gin and vermouth. Stir well, about 20 seconds, then strain into martini glass.
- ☐
- Garnish with olive and serve.

# Nutrition Facts



## Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.78304348772635%

## Flavonoids

Luteolin: 0.11mg, Luteolin: 0.11mg, Luteolin: 0.11mg, Luteolin: 0.11mg

## Nutrients (% of daily need)

Calories: 204.06kcal (10.2%), Fat: 3.06g (4.71%), Saturated Fat: 0.41g (2.54%), Carbohydrates: 1.3g (0.43%), Net Carbohydrates: 0.64g (0.23%), Sugar: 0.11g (0.12%), Cholesterol: 0mg (0%), Sodium: 315.51mg (13.72%), Alcohol: 25.02g (100%), Alcohol %: 19.69% (100%), Protein: 0.22g (0.43%), Vitamin E: 0.76mg (5.08%), Fiber: 0.66g (2.64%), Copper: 0.05mg (2.39%), Vitamin A: 78.6IU (1.57%), Calcium: 12.08mg (1.21%)