



Classic French Vinaigrette



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



8

CALORIES



57 kcal

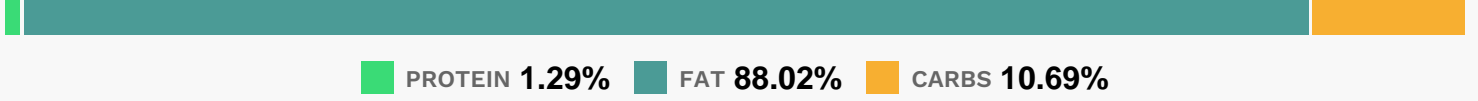
SIDE DISH

Ingredients

- 1 tablespoon dijon mustard
- 1 teaspoon tarragon dried
- 2 teaspoons granulated sugar
- 1.5 teaspoons pepper black
- 1 cup olive oil
- 0.5 cup red wine vinegar
- 1 teaspoon salt

Equipment

Nutrition Facts



Properties

Glycemic Index:25.51, Glycemic Load:0.83, Inflammation Score:-1, Nutrition Score:0.93608695652174%

Flavonoids

Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg

Nutrients (% of daily need)

Calories: 57.25kcal (2.86%), Fat: 5.5g (8.46%), Saturated Fat: 0.76g (4.75%), Carbohydrates: 1.5g (0.5%), Net Carbohydrates: 1.31g (0.48%), Sugar: 1.03g (1.14%), Cholesterol: 0mg (0%), Sodium: 312.85mg (13.6%), Protein: 0.18g (0.36%), Vitamin E: 0.79mg (5.25%), Manganese: 0.08mg (4.16%), Vitamin K: 3.89µg (3.71%), Iron: 0.25mg (1.37%)