



Classic Gin Martini



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



197 kcal

BEVERAGE

DRINK

Ingredients

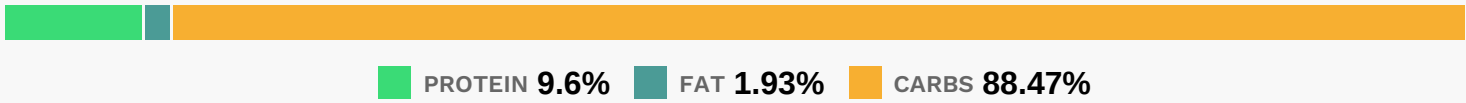
- ☐ 0.5 ounce vermouth dry
- ☐ 2.5 ounce hendrick's gin
- ☐ 1 serving cocktail onions for garnish

Equipment

Directions

- ☐
- Pour the ingredients into a mixing glass with ice cubes.Stir well.Strain into a chilled cocktail glass.
- ☐
- Garnish with the cocktail onion.

Nutrition Facts



Properties

Glycemic Index:42, Glycemic Load:1.13, Inflammation Score:-5, Nutrition Score:1.4713043329184%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg Kaempferol: 0.36mg, Kaempferol: 0.36mg, Kaempferol: 0.36mg, Kaempferol: 0.36mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 11.16mg, Quercetin: 11.16mg, Quercetin: 11.16mg, Quercetin: 11.16mg

Nutrients (% of daily need)

Calories: 197.06kcal (9.85%), Fat: 0.05g (0.08%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 5.67g (1.89%), Net Carbohydrates: 4.73g (1.72%), Sugar: 2.33g (2.59%), Cholesterol: 0mg (0%), Sodium: 2.91mg (0.13%), Alcohol: 25.02g (100%), Alcohol %: 22.64% (100%), Protein: 0.61g (1.23%), Vitamin C: 4.07mg (4.93%), Manganese: 0.08mg (4.19%), Fiber: 0.94g (3.74%), Vitamin B6: 0.07mg (3.34%), Folate: 10.45µg (2.61%), Potassium: 81.72mg (2.33%), Vitamin B1: 0.03mg (1.97%), Phosphorus: 18.78mg (1.88%), Copper: 0.04mg (1.82%), Magnesium: 5.5mg (1.38%), Calcium: 12.65mg (1.26%), Vitamin B2: 0.02mg (1.04%)