



Classic Manhattan Cocktail



Vegetarian



Dairy Free

READY IN



15 min.

SERVINGS



1

CALORIES



1104 kcal

BEVERAGE

DRINK

Ingredients

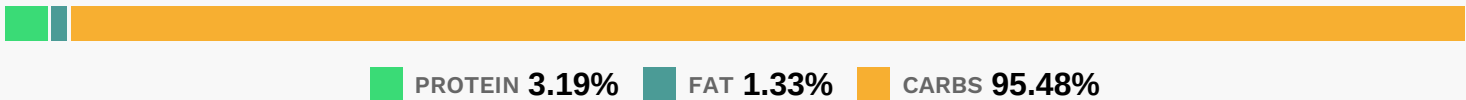
- ☐ 1 dashes angostura bitters such as angostura
- ☐ 1 pint cherries light sour pitted stemmed canned in a pinch, you can buy a jar of cherries in syrup, and drain the syrup
- ☐ 1 serving ice cubes
- ☐ 1 cup maraschino liqueur
- ☐ 1 serving orange peel
- ☐ 30 ml vermouth sweet
- ☐ 60 ml irish whiskey

Equipment

Directions

- ☐ Watch how to make this recipe.
- ☐ Place ice in a cocktail shaker.
- ☐ Add the whiskey, vermouth and bitters. Rub the orange peel around the rim of the cocktail glass. Strain the drink into the glass.
- ☐ Add 1 to 2 Real Maraschino Cherries and enjoy!
- ☐ Bring the liqueur to a simmer, and then turn off the heat.
- ☐ Add the cherries, stir, let cool, and then pour into jars. Refrigerate. Cherries will be tasty for months.

Nutrition Facts



Properties

Glycemic Index:37, Glycemic Load:14.48, Inflammation Score:-9, Nutrition Score:12.361739196855%

Flavonoids

Cyanidin: 142.95mg, Cyanidin: 142.95mg, Cyanidin: 142.95mg, Cyanidin: 142.95mg Pelargonidin: 1.28mg, Pelargonidin: 1.28mg, Pelargonidin: 1.28mg, Pelargonidin: 1.28mg Peonidin: 7.1mg, Peonidin: 7.1mg, Peonidin: 7.1mg, Peonidin: 7.1mg Catechin: 20.63mg, Catechin: 20.63mg, Catechin: 20.63mg, Catechin: 20.63mg Epigallocatechin: 1.61mg, Epigallocatechin: 1.61mg, Epigallocatechin: 1.61mg, Epigallocatechin: 1.61mg Epicatechin: 23.66mg, Epicatechin: 23.66mg, Epicatechin: 23.66mg, Epicatechin: 23.66mg Epicatechin 3-gallate: 0.24mg, Epicatechin 3-gallate: 0.24mg, Epicatechin 3-gallate: 0.24mg, Epicatechin 3-gallate: 0.24mg Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg Kaempferol: 1.14mg, Kaempferol: 1.14mg, Kaempferol: 1.14mg, Kaempferol: 1.14mg Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg Quercetin: 10.84mg, Quercetin: 10.84mg, Quercetin: 10.84mg, Quercetin: 10.84mg

Nutrients (% of daily need)

Calories: 1104.43kcal (55.22%), Fat: 0.97g (1.49%), Saturated Fat: 0.18g (1.14%), Carbohydrates: 156.22g (52.07%), Net Carbohydrates: 145.01g (52.73%), Sugar: 135.8g (150.89%), Cholesterol: 0mg (0%), Sodium: 3.16mg (0.14%), Alcohol: 120.23g (100%), Alcohol %: 17.55% (100%), Protein: 5.22g (10.43%), Vitamin C: 49.44mg (59.93%), Fiber: 11.21g (44.83%), Potassium: 1076.49mg (30.76%), Manganese: 0.34mg (16.8%), Copper: 0.31mg (15.61%),

Magnesium: 55.25mg (13.81%), Vitamin B6: 0.25mg (12.65%), Phosphorus: 103.68mg (10.37%), Iron: 1.81mg (10.06%), Vitamin B5: 1mg (10%), Vitamin B2: 0.17mg (9.86%), Vitamin B1: 0.15mg (9.8%), Vitamin K: 9.94µg (9.46%), Calcium: 82.51mg (8.25%), Vitamin A: 353.23IU (7.06%), Folate: 22.53µg (5.63%), Vitamin B3: 0.87mg (4.33%), Zinc: 0.38mg (2.53%), Vitamin E: 0.36mg (2.41%)