

## Classic Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



169 kcal

BEVERAGE

DRINK

### Ingredients

- 1 serving ice cubes
- 2.5 ounces hendrick's gin
- 0.3 ounce mirin dry
- 1 serving lemon zest green

### Equipment

### Directions

- Toss a handful of ice into a mixing glass. (A pint glass works quite well, as does the bottom portion of a cocktail shaker.)
- Pour in the gin and vermouth. Stir for 30 seconds.
- Strain the martini into a martini glass. Drop in an olive or perch the twist on the edge of the glass.

## Nutrition Facts

 PROTEIN **2.6%**  FAT **0.44%**  CARBS **96.96%**

## Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.16956521894621%

## Nutrients (% of daily need)

Calories: 169.48kcal (8.47%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 0.3g (0.1%), Net Carbohydrates: 0.28g (0.1%), Sugar: 0.01g (0.01%), Cholesterol: 0mg (0%), Sodium: 3.52mg (0.15%), Alcohol: 24.35g (100%), Alcohol %: 23% (100%), Protein: 0.01g (0.02%), Copper: 0.02mg (1.2%)