



## Classic Savory Deviled Eggs



Vegetarian



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



12

CALORIES



71 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 1 teaspoon dijon mustard
- 0.3 teaspoon garlic powder
- 6 hard-cooked eggs halved
- 0.3 cup mayonnaise
- 1 teaspoon rice wine vinegar
- 0.1 teaspoon salt

### Equipment

- bowl

## Directions

- Scoop egg yolks into a bowl and set egg whites aside. Mash yolks, mayonnaise, vinegar, 1/2 teaspoon chopped dill, Dijon mustard, garlic powder, and salt. Spoon yolk mixture into egg whites.
- Garnish with dill sprigs. Refrigerate until ready to serve.

## Nutrition Facts

**PROTEIN 18.44%** **FAT 79.41%** **CARBS 2.15%**

## Properties

Glycemic Index:11.42, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:2.6673912982578%

## Nutrients (% of daily need)

Calories: 71.02kcal (3.55%), Fat: 6.16g (9.47%), Saturated Fat: 1.36g (8.52%), Carbohydrates: 0.37g (0.12%), Net Carbohydrates: 0.35g (0.13%), Sugar: 0.31g (0.35%), Cholesterol: 95.21mg (31.74%), Sodium: 89.49mg (3.89%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.22g (6.44%), Selenium: 7.97µg (11.38%), Vitamin B2: 0.13mg (7.62%), Vitamin K: 7.69µg (7.32%), Vitamin B12: 0.28µg (4.72%), Phosphorus: 44.71mg (4.47%), Vitamin D: 0.56µg (3.73%), Vitamin B5: 0.36mg (3.59%), Folate: 11.29µg (2.82%), Vitamin E: 0.41mg (2.75%), Vitamin A: 133.33IU (2.67%), Zinc: 0.27mg (1.83%), Iron: 0.32mg (1.77%), Vitamin B6: 0.03mg (1.6%), Calcium: 13.23mg (1.32%), Vitamin B1: 0.02mg (1.2%)