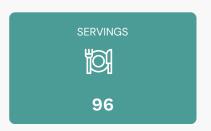


Classic Sugar Cookies (Cookie Exchange Quantity)

Dairy Free







DESSERT

Ingredients

Tteaspoon	almond	extract

2 teaspoons baking soda

2 cups butter softened

96 servings coconut flakes flaked

0.3 cup plus light

2 teaspoons cream of tartar

0.7 oz decorating gel

	2 eggs
	5 cups flour all-purpose
	96 servings purple gel food coloring
	4.3 oz chocolate icing
	3 cups powdered sugar
	4 cups powdered sugar
	2 teaspoons vanilla
	0.3 cup water
Eq	uipment
	bowl
	baking sheet
	oven
	wire rack
	hand mixer
	cookie cutter
Di	rections
	In large bowl, beat 3 cups powdered sugar, the butter, vanilla, 1 teaspoon almond extract and eggs with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and cream of tartar. Cover and refrigerate at least 2 hours.
	Heat oven to 375F. Lightly grease cookie sheet. Divide dough in half. On lightly floured surface roll each half 1/8 inch thick.
	Cut into desired shapes with 3-inch cookie cutters.
	Place about 2 inches apart on cookie sheet.
	Bake 5 to 7 minutes or until edges are light brown.
	Remove from cookie sheet to wire rack. Cool completely, about 30 minutes.
	In small bowl, beat all glaze ingredients except food colors on low speed until smooth. Divide among several small bowls. Stir desired food color, one drop at a time, into each until desired color. Decorate cookies with glaze and other decorations as desired.

Nutrition Facts

PROTEIN 3.52% FAT 55.41% CARBS 41.07%

Properties

Glycemic Index:1.43, Glycemic Load:4.09, Inflammation Score:-2, Nutrition Score:3.0147826266677%

Nutrients (% of daily need)

Calories: 167.33kcal (8.37%), Fat: 10.62g (16.33%), Saturated Fat: 6.59g (41.17%), Carbohydrates: 17.7g (5.9%), Net Carbohydrates: 15.9g (5.78%), Sugar: 10.8g (12%), Cholesterol: 3.41mg (1.14%), Sodium: 75.64mg (3.29%), Alcohol: 0.04g (100%), Alcohol %: 0.16% (100%), Protein: 1.52g (3.04%), Manganese: 0.32mg (16%), Fiber: 1.81g (7.22%), Selenium: 4.4µg (6.28%), Copper: 0.09mg (4.53%), Vitamin B1: 0.06mg (3.91%), Iron: 0.66mg (3.67%), Vitamin A: 174.11IU (3.48%), Folate: 13.39µg (3.35%), Vitamin B2: 0.05mg (3.16%), Phosphorus: 30.77mg (3.08%), Magnesium: 10.73mg (2.68%), Vitamin B3: 0.45mg (2.25%), Potassium: 75.63mg (2.16%), Zinc: 0.26mg (1.76%), Vitamin B6: 0.03mg (1.74%), Vitamin E: 0.22mg (1.49%), Vitamin B5: 0.13mg (1.27%)