



Classic Whiskey Sour

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



3

CALORIES



162 kcal

BEVERAGE

DRINK

Ingredients

- 3 servings ice cubes
- 2 fluid ounces juice of lemon fresh
- 3 maraschino cherries for garnish
- 1 fluid ounce simple syrup glaze
- 5 fluid ounces irish whiskey

Equipment

Directions

- Combine the simple syrup, lemon juice and whiskey in a shaker. Fill with ice. Cover and shake for about 30 seconds, until the shaker is frosty. Strain into martini glasses and garnish with a maraschino cherry. This can also be served in tumblers full of ice.

Nutrition Facts

PROTEIN 0.73% FAT 1.19% CARBS 98.08%

Properties

Glycemic Index:5, Glycemic Load:0.01, Inflammation Score:-2, Nutrition Score:0.93869565038577%

Flavonoids

Eriodictyol: 0.96mg, Eriodictyol: 0.96mg, Eriodictyol: 0.96mg, Eriodictyol: 0.96mg Hesperetin: 2.85mg, Hesperetin: 2.85mg, Hesperetin: 2.85mg, Hesperetin: 2.85mg Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 162.31kcal (8.12%), Fat: 0.06g (0.09%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 10.72g (3.57%), Net Carbohydrates: 10.5g (3.82%), Sugar: 9.7g (10.78%), Cholesterol: 0mg (0%), Sodium: 8.91mg (0.39%), Alcohol: 17.74g (100%), Alcohol %: 16.08% (100%), Protein: 0.08g (0.16%), Vitamin C: 7.63mg (9.25%), Iron: 0.4mg (2.23%), Vitamin B1: 0.02mg (1.43%), Copper: 0.03mg (1.41%)