

# Classic Yellow Layer Cake with Caramel-Pecan Frosting







DESSERT

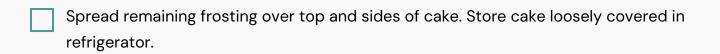
# **Ingredients**

1.7 cups sugar

2.3 teaspoons double-acting baking powder
3 large eggs
1.3 cups skim milk fat-free
1 tablespoon flour all-purpose
2.3 cups flour all-purpose
0.5 teaspoon salt

0.5 cup stick margarine softened

	1 tablespoon vanilla extract	
Equipment		
	frying pan	
	oven	
	knife	
	whisk	
	wire rack	
	blender	
	wax paper	
	measuring cup	
Directions		
	Preheat oven to 35	
	Coat bottoms of 2 (9-inch) round cake pans with cooking spray (do not coat sides of pan); line bottoms with wax paper. Coat wax paper with cooking spray; dust with 1 tablespoon flour.	
	Beat sugar, butter, and vanilla at medium speed of a mixer until well-blended (about 5 minutes).	
	Add eggs, 1 at a time; beat well after each addition. Lightly spoon 2 1/4 cups flour into dry measuring cups; level with a knife.	
	Combine with baking powder and salt; stir well with a whisk.	
	Add flour mixture to sugar mixture alternately with milk, beginning and ending with flour mixture.	
	Pour batter into prepared pans. Sharply tap pans once on counter to remove air bubbles.	
	Bake at 350 for 30 minutes or until a wooden pick inserted in center comes out clean. Cool in pans 10 minutes on a wire rack; remove from pans.	
	Remove wax paper. Cool completely on wire rack.	
	Place 1 cake layer on a plate; spread with 1/2 cup Caramel-Pecan Frosting, and top with remaining layer.	



## **Nutrition Facts**

PROTEIN 6.78% FAT 28.74% CARBS 64.48%

### **Properties**

Glycemic Index:19.19, Glycemic Load:22.19, Inflammation Score:-3, Nutrition Score:4.0734782567167%

#### Nutrients (% of daily need)

Calories: 196.99kcal (9.85%), Fat: 6.31g (9.71%), Saturated Fat: 1.39g (8.7%), Carbohydrates: 31.87g (10.62%), Net Carbohydrates: 31.43g (11.43%), Sugar: 19.51g (21.67%), Cholesterol: 31.51mg (10.5%), Sodium: 198.95mg (8.65%), Alcohol: 0.25g (100%), Alcohol %: 0.46% (100%), Protein: 3.35g (6.7%), Selenium: 8.45µg (12.07%), Vitamin B1: 0.14mg (9.3%), Vitamin B2: 0.15mg (8.6%), Folate: 33.68µg (8.42%), Phosphorus: 64.54mg (6.45%), Vitamin A: 314.78IU (6.3%), Calcium: 61.19mg (6.12%), Manganese: 0.11mg (5.74%), Iron: 0.96mg (5.31%), Vitamin B3: 0.98mg (4.89%), Vitamin B12: 0.18µg (2.99%), Vitamin B5: 0.26mg (2.65%), Vitamin D: 0.35µg (2.36%), Vitamin E: 0.3mg (2.01%), Zinc: 0.3mg (1.99%), Magnesium: 6.99mg (1.75%), Potassium: 61.39mg (1.75%), Fiber: 0.43g (1.74%), Vitamin B6: 0.03mg (1.59%), Copper: 0.03mg (1.57%)