



Clove-Scented Sidecar

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



2

CALORIES



310 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 teaspoon ground cloves
- 2 servings ice cubes
- 1 optional: lemon cut into chunks
- 1 cranberry-orange relish
- 5 tablespoons sugar divided
- 0.5 cup irish whiskey

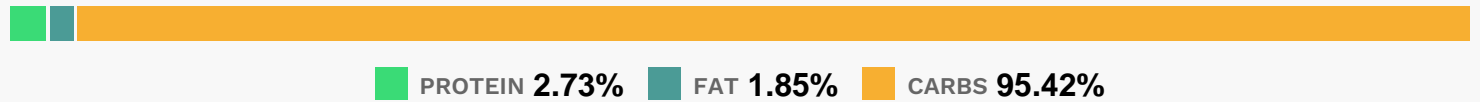
Equipment

- wooden spoon

Directions

- Mix 2 tbsp. sugar and ground cloves on a small plate. Rub one lemon chunk around the rims of two cocktail glasses. Turn rims in the clove sugar.
- Cut orange into two slices about 1/4 in. thick; cut slices in half. Put lemon chunks, orange slices, and 3 tbsp. sugar in a cocktail shaker. Using a wooden spoon, muddle together the fruit and sugar until fruit is broken up.
- Add about 1 cup ice and whiskey to cocktail shaker. With lid securely fastened, shake vigorously to blend, then strain into the sugared glasses.
- Garnish each with a whole clove.

Nutrition Facts



Properties

Glycemic Index:76.55, Glycemic Load:24.47, Inflammation Score:-6, Nutrition Score:6.502173917449%

Flavonoids

Eriodictyol: 11.53mg, Eriodictyol: 11.53mg, Eriodictyol: 11.53mg, Eriodictyol: 11.53mg Hesperetin: 32.91mg, Hesperetin: 32.91mg, Hesperetin: 32.91mg, Hesperetin: 32.91mg Naringenin: 10.33mg, Naringenin: 10.33mg, Naringenin: 10.33mg, Naringenin: 10.33mg Luteolin: 1.15mg, Luteolin: 1.15mg, Luteolin: 1.15mg, Luteolin: 1.15mg Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg Myricetin: 0.37mg, Myricetin: 0.37mg, Myricetin: 0.37mg, Myricetin: 0.37mg Quercetin: 0.91mg, Quercetin: 0.91mg, Quercetin: 0.91mg, Quercetin: 0.91mg

Nutrients (% of daily need)

Calories: 310.13kcal (15.51%), Fat: 0.37g (0.57%), Saturated Fat: 0.04g (0.25%), Carbohydrates: 42.86g (14.29%), Net Carbohydrates: 39.7g (14.43%), Sugar: 37.48g (41.64%), Cholesterol: 0mg (0%), Sodium: 4.87mg (0.21%), Alcohol: 21.24g (100%), Alcohol %: 10.17% (100%), Protein: 1.22g (2.45%), Vitamin C: 63.47mg (76.93%), Fiber: 3.17g (12.68%), Manganese: 0.19mg (9.44%), Folate: 25.65µg (6.41%), Potassium: 196.82mg (5.62%), Vitamin B1: 0.08mg (5.58%), Calcium: 43.8mg (4.38%), Vitamin B6: 0.08mg (4.17%), Copper: 0.07mg (3.48%), Vitamin A: 159.65IU (3.19%), Magnesium: 12.08mg (3.02%), Vitamin B5: 0.27mg (2.68%), Vitamin B2: 0.04mg (2.58%), Iron: 0.45mg (2.48%), Phosphorus: 19.84mg (1.98%), Vitamin E: 0.22mg (1.47%), Vitamin B3: 0.27mg (1.36%), Selenium: 0.74µg (1.06%)