



Club-Inspired Potato Salad

 Gluten Free

READY IN



20 min.

SERVINGS



20

CALORIES



72 kcal

SIDE DISH

Ingredients

- 6 slices oscar mayer bacon fully cooked cut into bite-size pieces
- 1 cup natural three cheese crumbles kraft
- 2 cups cherry tomatoes cut in half
- 2 green onions sliced
- 0.5 cup miracle whip dressing
- 0.8 lb potatoes red quartered
- 0.5 cup water

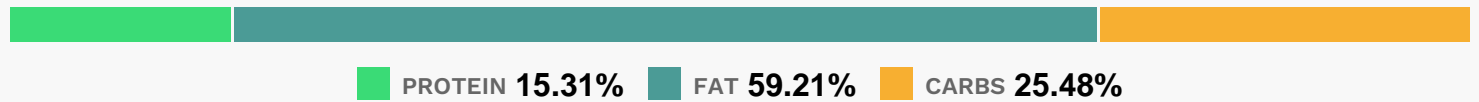
Equipment

- bowl
- microwave

Directions

- Microwave potatoes and water in 2-qt. microwaveable casserole on HIGH 6 to 8 min. or until potatoes are tender; stir.
- Let stand 5 min.
- Drain potatoes; rinse with cold water.
- Drain again.
- Place in large bowl.
- Combine dressing, bacon, cheese and onions.
- Add to potatoes along with the tomatoes; mix lightly.

Nutrition Facts



Properties

Glycemic Index:2.95, Glycemic Load:0.06, Inflammation Score:-2, Nutrition Score:2.6391304562921%

Flavonoids

Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.34mg, Quercetin: 0.34mg, Quercetin: 0.34mg

Nutrients (% of daily need)

Calories: 71.68kcal (3.58%), Fat: 4.77g (7.34%), Saturated Fat: 2.19g (13.67%), Carbohydrates: 4.62g (1.54%), Net Carbohydrates: 4.07g (1.48%), Sugar: 1.31g (1.45%), Cholesterol: 9.99mg (3.33%), Sodium: 176.74mg (7.68%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.78g (5.55%), Vitamin C: 5.09mg (6.16%), Phosphorus: 50.94mg (5.09%), Potassium: 146.66mg (4.19%), Calcium: 40.73mg (4.07%), Selenium: 2.47µg (3.53%), Vitamin B6: 0.07mg (3.51%), Vitamin K: 3.56µg (3.39%), Vitamin B3: 0.62mg (3.08%), Vitamin A: 144.36IU (2.89%), Vitamin B1: 0.04mg (2.67%), Vitamin B2: 0.04mg (2.39%), Zinc: 0.34mg (2.26%), Vitamin B5: 0.22mg (2.21%), Fiber: 0.55g (2.18%), Manganese: 0.04mg (2.14%), Copper: 0.04mg (2.07%), Folate: 8.2µg (2.05%), Magnesium: 7.73mg (1.93%), Vitamin B12: 0.12µg (1.92%), Iron: 0.3mg (1.66%)