



Coca-Cola Frosting



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



9

CALORIES



298 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 cup butter
- ☐ 0.3 cup coca-cola
- ☐ 3 tablespoons cocoa
- ☐ 16 ounce powdered sugar
- ☐ 1 tablespoon vanilla extract

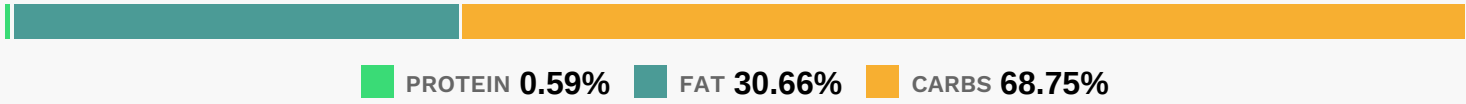
Equipment

- ☐ sauce pan
- ☐ whisk

Directions

- ☐ Bring first 3 ingredients to a boil in a large saucepan over medium heat, stirring until butter melts.
- ☐ Remove from heat; whisk in sugar and vanilla.

Nutrition Facts



Properties

Glycemic Index:7, Glycemic Load:0.53, Inflammation Score:-3, Nutrition Score:1.3860869792331%

Flavonoids

Catechin: 1.08mg, Catechin: 1.08mg, Catechin: 1.08mg, Catechin: 1.08mg Epicatechin: 3.27mg, Epicatechin: 3.27mg, Epicatechin: 3.27mg, Epicatechin: 3.27mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 297.92kcal (14.9%), Fat: 10.38g (15.97%), Saturated Fat: 2.24g (14%), Carbohydrates: 52.4g (17.47%), Net Carbohydrates: 51.78g (18.83%), Sugar: 50.29g (55.87%), Cholesterol: 0mg (0%), Sodium: 120.76mg (5.25%), Alcohol: 0.5g (100%), Alcohol %: 0.84% (100%), Caffeine: 4.53mg (1.51%), Protein: 0.45g (0.89%), Vitamin A: 451.1IU (9.02%), Manganese: 0.07mg (3.47%), Copper: 0.07mg (3.39%), Vitamin E: 0.39mg (2.62%), Fiber: 0.62g (2.47%), Magnesium: 8.87mg (2.22%), Phosphorus: 16.09mg (1.61%), Iron: 0.27mg (1.52%), Vitamin B2: 0.02mg (1.15%)