



## Cocktail Hour: Agave Old Fashioned

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



75 kcal

BEVERAGE

DRINK

### Ingredients

- 1 serving agave nectar
- 1 serving angostura bitters
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### Equipment

### Directions

- Stir and strain on ice.

Garnish with a large orange twist and serve. More takes on the Old Fashioned on Food Republic: Rum Old Fashioned Recipe

Old Fashioned Vodka & Blood Orange Recipe "Pioneer Spirit" Old Fashioned Cocktail Recipe

## Nutrition Facts

**PROTEIN 0.11%** **FAT 1.24%** **CARBS 98.65%**

### Properties

Glycemic Index: 15, Glycemic Load: 2.4, Inflammation Score: -1, Nutrition Score: 0.85869565371262%

### Nutrients (% of daily need)

Calories: 74.62kcal (3.73%), Fat: 0.09g (0.15%), Saturated Fat: 0g (0%), Carbohydrates: 16.96g (5.65%), Net Carbohydrates: 16.92g (6.15%), Sugar: 14.54g (16.16%), Cholesterol: 0mg (0%), Sodium: 0.84mg (0.04%), Alcohol: 0.9g (100%), Alcohol %: 4.96% (100%), Protein: 0.02g (0.04%), Vitamin K: 4.72µg (4.5%), Vitamin C: 3.57mg (4.33%), Vitamin B6: 0.05mg (2.46%), Vitamin B2: 0.03mg (2.04%), Vitamin B1: 0.03mg (1.71%), Folate: 6.3µg (1.58%), Vitamin E: 0.21mg (1.37%)