

Cocoa Cola Cake

READY IN



50 min.

SERVINGS



15

CALORIES



392 kcal

DESSERT

Ingredients

- 0.3 cup cocoa powder
- 0.5 cup butter cubed
- 0.5 cup buttermilk
- 0.3 cup coca-cola
- 4 cups powdered sugar
- 2 eggs
- 1.5 cups marshmallows miniature
- 1 cup pecans toasted chopped
- 1 teaspoon vanilla extract

1 package cake mix white (regular size)

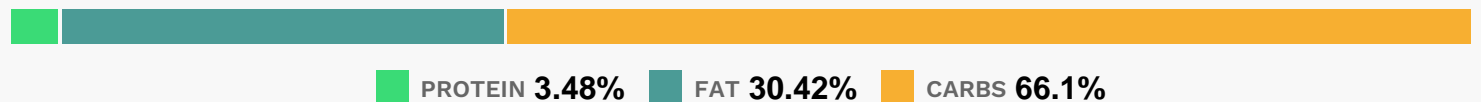
Equipment

- bowl
- sauce pan
- oven
- wire rack
- baking pan
- toothpicks

Directions

- In a large bowl, combine the first seven ingredients; beat on low speed for 30 seconds. Beat on medium for 2 minutes. Fold in marshmallows.
- Pour into a greased 13-in. x 9-in. baking pan.
- Bake at 350° for 35–40 minutes or until a toothpick inserted near the center comes out clean. Cool on a wire rack for 15 minutes.
- Meanwhile, for frosting, combine cocoa and butter in a small saucepan. Cook over low heat until butter is melted. Stir in cola until blended. Bring to a boil, stirring constantly.
- Remove from the heat; stir in confectioners' sugar until smooth. Fold in pecans.
- Spread over cake.
- Let stand for 20 minutes before cutting.

Nutrition Facts



Properties

Glycemic Index:14.3, Glycemic Load:2.93, Inflammation Score:-3, Nutrition Score:6.124347763541%

Flavonoids

Cyanidin: 0.78mg, Cyanidin: 0.78mg, Cyanidin: 0.78mg, Cyanidin: 0.78mg Delphinidin: 0.53mg, Delphinidin: 0.53mg, Delphinidin: 0.53mg Catechin: 1.46mg, Catechin: 1.46mg, Catechin: 1.46mg, Catechin:

1.46mg Epigallocatechin: 0.41mg, Epigallocatechin: 0.41mg, Epigallocatechin: 0.41mg, Epigallocatechin: 0.41mg
Epicatechin: 2.88mg, Epicatechin: 2.88mg, Epicatechin: 2.88mg, Epicatechin: 2.88mg Epigallocatechin 3-gallate:
0.17mg, Epigallocatechin 3-gallate: 0.17mg, Epigallocatechin 3-gallate: 0.17mg, Epigallocatechin 3-gallate: 0.17mg
Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 392.39kcal (19.62%), Fat: 13.67g (21.03%), Saturated Fat: 5.47g (34.16%), Carbohydrates: 66.85g (22.28%),
Net Carbohydrates: 65.24g (23.72%), Sugar: 49.91g (55.46%), Cholesterol: 38.97mg (12.99%), Sodium: 309.41mg
(13.45%), Alcohol: 0.09g (100%), Alcohol %: 0.11% (100%), Caffeine: 3.72mg (1.24%), Protein: 3.52g (7.04%),
Manganese: 0.46mg (22.85%), Phosphorus: 167.97mg (16.8%), Calcium: 97.31mg (9.73%), Copper: 0.18mg (9.15%),
Vitamin B1: 0.13mg (8.7%), Selenium: 5.9µg (8.43%), Vitamin B2: 0.14mg (8.07%), Folate: 29.62µg (7.4%), Iron: 1.2mg
(6.66%), Fiber: 1.61g (6.45%), Magnesium: 21.52mg (5.38%), Vitamin B3: 0.96mg (4.79%), Vitamin A: 238.04IU
(4.76%), Zinc: 0.7mg (4.7%), Vitamin E: 0.65mg (4.31%), Vitamin B5: 0.3mg (2.97%), Potassium: 95.05mg (2.72%),
Vitamin B6: 0.04mg (2%), Vitamin K: 1.79µg (1.71%), Vitamin B12: 0.1µg (1.7%), Vitamin D: 0.22µg (1.48%)