



Coconut-Chocolate-Almond Cookies

READY IN



60 min.

SERVINGS



24

CALORIES



223 kcal

DESSERT

Ingredients

- 17.5 oz sugar cookie mix
- 0.3 cup cocoa powder unsweetened
- 0.5 cup butter softened
- 1 eggs
- 0.5 teaspoon almond extract
- 0.5 cup almonds toasted sliced
- 16 oz cream cheese frosting
- 1 teaspoon coconut extract
- 0.5 cup coconut flakes flaked toasted

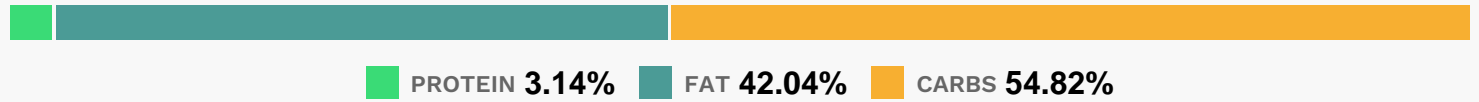
Equipment

- bowl
- baking sheet
- oven
- wire rack

Directions

- Heat oven to 375°F. In large bowl, stir cookie mix and cocoa until well blended.
- Add butter, egg and almond extract; stir until soft dough forms. Gently stir in almonds. Onto ungreased cookie sheet, drop dough by rounded tablespoons.
- Bake 12 minutes or until set.
- Remove from cookie sheet to cooling rack. Cool completely, about 30 minutes.
- In medium bowl, stir frosting and coconut extract. Frost cookies.
- Sprinkle with coconut.

Nutrition Facts



Properties

Glycemic Index:2.5, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:1.9439130508867%

Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.8mg, Catechin: 0.8mg, Catechin: 0.8mg, Catechin: 0.8mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 2.36mg, Epicatechin: 2.36mg, Epicatechin: 2.36mg, Epicatechin: 2.36mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg

Nutrients (% of daily need)

Calories: 222.52kcal (11.13%), Fat: 10.66g (16.4%), Saturated Fat: 4.53g (28.31%), Carbohydrates: 31.27g (10.42%), Net Carbohydrates: 30.3g (11.02%), Sugar: 21.88g (24.31%), Cholesterol: 16.99mg (5.66%), Sodium: 129.12mg (5.61%), Alcohol: 0.1g (100%), Alcohol %: 0.25% (100%), Protein: 1.79g (3.58%), Manganese: 0.14mg (7.09%), Copper: 0.08mg (4.22%), Vitamin E: 0.63mg (4.19%), Fiber: 0.97g (3.88%), Magnesium: 13.46mg (3.36%), Phosphorus: 26.98mg (2.7%), Vitamin B2: 0.04mg (2.64%), Vitamin A: 128.1IU (2.56%), Iron: 0.43mg (2.41%), Selenium: 1.28µg (1.83%), Potassium: 52.53mg (1.5%), Folate: 5.7µg (1.42%), Zinc: 0.21mg (1.39%), Vitamin B1: 0.02mg (1.29%)