



Coffee-Bourbon Syrup



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



3

CALORIES



140 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 tablespoon bourbon
- ☐ 0.3 cup strong coffee decoction brewed
- ☐ 0.5 cup sugar
- ☐ 0.5 cup water

Equipment

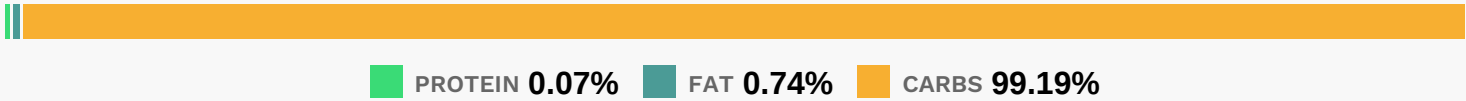
- ☐ sauce pan

Directions

- ☐
- Bring sugar, water, and coffee to a boil in a medium saucepan over medium–high heat. Cook 5 minutes.

☐

Nutrition Facts



Properties

Glycemic Index:28.36, Glycemic Load:23.27, Inflammation Score:1, Nutrition Score:0.19347826035126%

Flavonoids

Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg
Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Myricetin: 0.01mg, Myricetin:
0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin:
0.01mg

Nutrients (% of daily need)

Calories: 140.08kcal (7%), Fat: 0.11g (0.17%), Saturated Fat: 0g (0%), Carbohydrates: 33.2g (11.07%), Net
Carbohydrates: 33.2g (12.07%), Sugar: 33.27g (36.96%), Cholesterol: 0mg (0%), Sodium: 2.75mg (0.12%), Alcohol:
1.67g (100%), Alcohol %: 2.17% (100%), Caffeine: 7.9mg (2.63%), Protein: 0.02g (0.05%), Vitamin B2: 0.02mg (1.27%)