



Coffee Cabinets (Rhode Island-Style Coffee Milkshakes)

 Gluten Free

READY IN



60 min.

SERVINGS



2

CALORIES



950 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup hot-brewed coffee chilled
- ☐ 2 tablespoons dave's vanilla and coffee syrup
- ☐ 1 pint whipped cream
- ☐ 1 cup strong coffee decoction brewed
- ☐ 1 cup sugar
- ☐ 0.3 teaspoon vanilla extract
- ☐ 0.3 cup milk whole

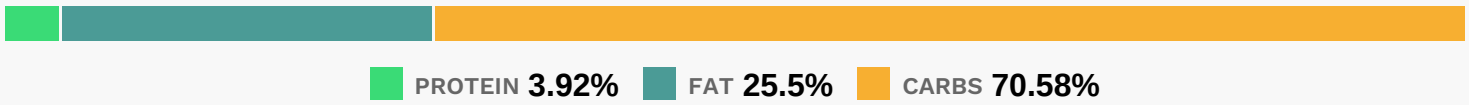
Equipment

- ☐ sauce pan
- ☐ whisk
- ☐ blender

Directions

- ☐ In a medium saucepan dissolve sugar in coffee. Bring mixture to a light boil then reduce to simmer. Simmer until the mixture has reduced to form a slightly thickened syrup, about 15 minutes.
- ☐ Remove from heat and whisk in vanilla extract. Cover and refrigerate to cool.
- ☐ Add ice cream, milk, chilled coffee and coffee syrup to blender. Blend until smooth. If you prefer a thinner shake, you can add additional milk and/or chilled coffee, if desired.

Nutrition Facts



Properties

Glycemic Index:134.55, Glycemic Load:116.78, Inflammation Score:-5, Nutrition Score:11.396521754887%

Flavonoids

Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg
Epicatechin: 0.06mg, Epicatechin: 0.06mg, Epicatechin: 0.06mg, Epicatechin: 0.06mg Myricetin: 0.07mg,
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0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 949.56kcal (47.48%), Fat: 27.35g (42.08%), Saturated Fat: 16.63g (103.97%), Carbohydrates: 170.3g (56.77%), Net Carbohydrates: 168.65g (61.33%), Sugar: 160.8g (178.66%), Cholesterol: 107.76mg (35.92%), Sodium: 210.27mg (9.14%), Alcohol: 0.17g (100%), Alcohol %: 0.04% (100%), Caffeine: 59.25mg (19.75%), Protein: 9.46g (18.92%), Vitamin B2: 0.74mg (43.76%), Calcium: 345.57mg (34.56%), Phosphorus: 284.5mg (28.45%), Vitamin A: 1045.45IU (20.91%), Vitamin B5: 1.86mg (18.65%), Vitamin B12: 1.09µg (18.12%), Potassium: 597.48mg (17.07%), Zinc: 1.82mg (12.16%), Magnesium: 42.09mg (10.52%), Vitamin B1: 0.13mg (8.99%), Selenium: 5.56µg (7.94%), Vitamin B6: 0.13mg (6.69%), Fiber: 1.66g (6.62%), Vitamin D: 0.81µg (5.39%), Vitamin E: 0.74mg (4.93%), Folate: 14.79µg (3.7%), Copper: 0.07mg (3.51%), Manganese: 0.06mg (2.97%), Vitamin B3: 0.59mg (2.96%), Vitamin C: 1.42mg (1.72%), Iron:

0.29mg (1.6%)