

Coffee-Chocolate Layer Cake with Mocha-Mascarpone Frosting

Popular

READY IN

45 min.





DESSERT

Ingredients

i.5 teaspoons baking soda
1 cup buttermilk
2 cups cake flour
O.3 cup natural cocoa powder unsweetened
3 large eggs
2 cups brown sugar packed ()
1.5 cups heavy whipping cream chilled divided

	1 tablespoon espresso powder instant	
	16 ounce mascarpone cheese chilled	
	0.8 teaspoon salt	
	1.3 cups sugar	
	O.8 cup butter unsalted room temperature ()	
	5.5 teaspoons vanilla extract	
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Equipment		
	bowl	
	sauce pan	
	baking paper	
	oven	
	knife	
	blender	
	hand mixer	
	offset spatula	
	pastry brush	
D:	rootiono	
Directions		
	Position rack in center of oven; preheat to 325°F. Generously butter two9-inch cake pans with 2-inch-high sides; dust with flour, tapping out any excess. Line bottom of pans with parchment paper.	
	Sift 2 cups cake flour, cocoa, bakingsoda, and salt into medium bowl. Usingelectric mixer, beat butter in large bowluntil smooth.	
	Add brown sugar and beatuntil well blended, about 2 minutes.	
	Addeggs 1 at a time, beating well after eachaddition.	
	Mix in vanilla.	
	Add flour mixturein 3 additions alternately with buttermilk in 2 additions, beating just until blended aftereach addition. Gradually add hot espresso-watermixture, beating just until smooth.	

PROTEIN 4.91% FAT 52.06% CARBS 43.03%
Nutrition Facts
*An Italian cream cheese; sold at manysupermarkets and at Italian markets.
Let stand at room temperature20 minutes before serving.
Spread thin layer of frosting over top andsides of cake. Chill 10 minutes. Using offsetspatula, spread remaining frosting over topand sides of cake, swirling decoratively. Topwith chocolate curls, if desired. DO AHEAD: Can be made 1 day ahead. Cover with cakedome; chill.
Place 1 cake layer, top side up,on platter. Spoon 13/4 cups frosting in dollopsover top of cake. Using offset spatula,spread frosting to edges. Top with secondcake layer, top side up, pressing to adhere.
Using pastry brush, brush off crumbsfrom cakes.
Add mascarpone to chilled cocoamixture. Using electric mixer, beat on lowspeed until blended and smooth. Increasespeed to medium-high; beat until mixture thick and medium-firm peaks form when beaters are lifted, about 2 minutes (do notoverbeat or mixture will curdle).
Add 1/2 cup cream and sugar; stiruntil sugar dissolves. Chill until cold, atleast 2 hours. DO AHEAD: Can be made 1 dayahead. Cover; keep chilled.
Sift cocoa powder intolarge bowl; add espresso powder. Bring 1cup cream to boil in small saucepan. Slowlypour cream over cocoa mixture, whiskinguntil cocoa is completely dissolved, about1 minute.
Place wirerack atop each cake; invert again so topside is up. Cool completely. DO AHEAD: Canbe made 1 day ahead. Wrap each cake inplastic and store at room temperature.
Bake cakes until tester inserted intocenter comes out clean, about 40 minutes. Cool cakes in pans on rack 15 minutes. Runsmall knife around sides of pans to loosencakes. Invert cakes onto racks; lift pans offcakes and remove parchment.
Divide batter between pans; smoothtops.

Properties

Glycemic Index:14.01, Glycemic Load:25.6, Inflammation Score:-7, Nutrition Score:7.5943477348141%

Flavonoids

Catechin: 1.55mg, Catechin: 1.55mg, Catechin: 1.55mg, Catechin: 1.55mg Epicatechin: 4.69mg, Epicatechin: 4.69mg, Epicatechin: 4.69mg, Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg

Nutrients (% of daily need)

Calories: 715.54kcal (35.78%), Fat: 41.86g (64.39%), Saturated Fat: 25.73g (160.81%), Carbohydrates: 77.82g (25.94%), Net Carbohydrates: 76.43g (27.79%), Sugar: 59.98g (66.65%), Cholesterol: 150.62mg (50.21%), Sodium: 363mg (15.78%), Alcohol: 0.63g (100%), Alcohol %: 0.4% (100%), Caffeine: 18.58mg (6.19%), Protein: 8.89g (17.78%), Vitamin A: 1421.98IU (28.44%), Selenium: 14.85μg (21.22%), Manganese: 0.3mg (14.9%), Calcium: 143.68mg (14.37%), Vitamin B2: 0.18mg (10.4%), Phosphorus: 102.99mg (10.3%), Copper: 0.17mg (8.44%), Vitamin D: 1.2μg (7.99%), Magnesium: 27.88mg (6.97%), Iron: 1.07mg (5.95%), Potassium: 199.77mg (5.71%), Vitamin E: 0.83mg (5.56%), Fiber: 1.38g (5.54%), Vitamin B5: 0.51mg (5.06%), Vitamin B1: 0.04mg (2.65%), Vitamin B3: 0.48mg (2.39%), Vitamin K: 2.17μg (2.07%)