

Coffee Icing



Vegetarian



Gluten Free



Low Fod Map

READY IN



45 min.

SERVINGS



5

CALORIES



270 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 2 cups confectioners' sugar
- ☐ 3 tablespoons strong coffee decoction brewed
- ☐ 1 teaspoon vanilla extract

Equipment

Directions

- ☐
- Beat together confectioners' sugar, butter or margarine, coffee, and vanilla until smooth.
- ☐
- Add more liquid or confectioners' sugar as needed.

Nutrition Facts



Properties

Glycemic Index:10, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.56173913269911%

Nutrients (% of daily need)

Calories: 270.49kcal (13.52%), Fat: 9.21g (14.16%), Saturated Fat: 5.83g (36.46%), Carbohydrates: 48.01g (16%), Net Carbohydrates: 48.01g (17.46%), Sugar: 47.05g (52.28%), Cholesterol: 24.4mg (8.13%), Sodium: 74.19mg (3.23%), Alcohol: 0.28g (100%), Alcohol %: 0.51% (100%), Caffeine: 3.55mg (1.18%), Protein: 0.11g (0.22%), Vitamin A: 283.64IU (5.67%), Vitamin E: 0.26mg (1.76%), Vitamin B2: 0.02mg (1.2%)