



Coffeechino No Bakes



Vegetarian



Gluten Free

READY IN



75 min.

SERVINGS



20

CALORIES



207 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup butter
- ☐ 2 tablespoons quick-hardening caramel-flavored ice cream topping to taste magic shell® such as Smucker's®
- ☐ 0.5 cup mocha cappuccino hazelnut spread
- ☐ 0.3 cup coffee granules instant
- ☐ 3.5 cups rolled oats
- ☐ 0.5 cup water
- ☐ 1.5 cups sugar white
- ☐ 0.3 cup cappuccino mix instant

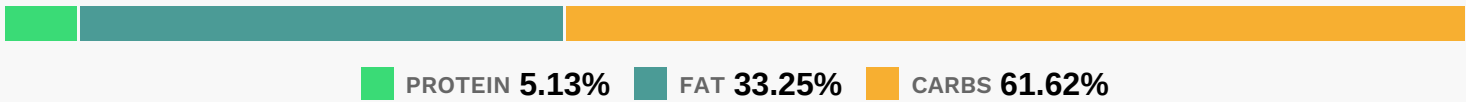
Equipment

☐ sauce pan

Directions

- ☐ Melt butter in a saucepan. Stir sugar, water, cappuccino mix, and coffee granules into the butter; bring to a boil for 1 minute.
- ☐ Add hazelnut spread; stir to melt into the butter mixture. Fold oats into the mixture until evenly coated.
- ☐ Drop mixture by large spoonful onto waxed paper to cool.
- ☐ Drizzle ice cream topping over cooled cookies. Cool in freezer until the topping is hard, at least 1 hour.

Nutrition Facts



Properties

Glycemic Index:9.47, Glycemic Load:15, Inflammation Score:-2, Nutrition Score:4.7878261134838%

Nutrients (% of daily need)

Calories: 207.4kcal (10.37%), Fat: 7.82g (12.03%), Saturated Fat: 5.21g (32.56%), Carbohydrates: 32.6g (10.87%), Net Carbohydrates: 30.76g (11.19%), Sugar: 20.3g (22.56%), Cholesterol: 12.2mg (4.07%), Sodium: 48.78mg (2.12%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 93.39mg (31.13%), Protein: 2.71g (5.42%), Manganese: 0.63mg (31.62%), Magnesium: 34.32mg (8.58%), Phosphorus: 80.68mg (8.07%), Fiber: 1.84g (7.35%), Selenium: 4.92µg (7.02%), Iron: 1.07mg (5.95%), Potassium: 189.56mg (5.42%), Vitamin B3: 1.03mg (5.14%), Copper: 0.1mg (4.84%), Vitamin B1: 0.07mg (4.81%), Zinc: 0.61mg (4.09%), Vitamin E: 0.56mg (3.76%), Vitamin A: 143.84IU (2.88%), Vitamin B2: 0.04mg (2.45%), Calcium: 22.32mg (2.23%), Vitamin B5: 0.2mg (1.98%), Folate: 5.8µg (1.45%), Vitamin B6: 0.02mg (1.07%)