



## Colorful Frosting

READY IN



10 min.

SERVINGS



10

CALORIES



266 kcal

FROSTING

ICING

## Ingredients

- 0.5 cup butter softened
- 2 Tbsp kool-aid orange flavor sugar-sweetened drink mix
- 0.3 cup milk
- 1 lb powdered sugar

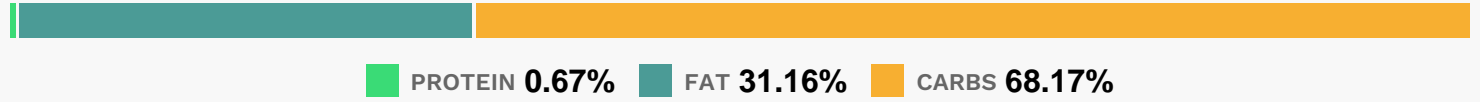
## Equipment

- bowl
- blender

## Directions

- Add milk to drink mix in large bowl; stir until dissolved.
- Add remaining ingredients; beat with mixer on low speed until blended.

## Nutrition Facts



## Properties

Glycemic Index:3.8, Glycemic Load:0.11, Inflammation Score:-3, Nutrition Score:0.9456521778003%

## Nutrients (% of daily need)

Calories: 266.42kcal (13.32%), Fat: 9.44g (14.52%), Saturated Fat: 2.06g (12.88%), Carbohydrates: 46.44g (15.48%), Net Carbohydrates: 46.44g (16.89%), Sugar: 45.18g (50.2%), Cholesterol: 1mg (0.33%), Sodium: 114.71mg (4.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.46g (0.92%), Vitamin A: 418.34IU (8.37%), Vitamin E: 0.36mg (2.39%), Vitamin B2: 0.03mg (1.84%), Calcium: 14.64mg (1.46%), Phosphorus: 12.71mg (1.27%)