



Colossal Club

READY IN



40 min.

SERVINGS



40

CALORIES



105 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 slices oscar mayer bacon fully cooked
- 1.5 lb round bread loaf
- 0.3 cup miracle whip dressing kraft
- 6 deli deluxe process american cheese kraft
- 40 servings vegetables fresh such as tomatoes, onions and bell peppers sliced
- 10 oz turkey breast smoked

Equipment

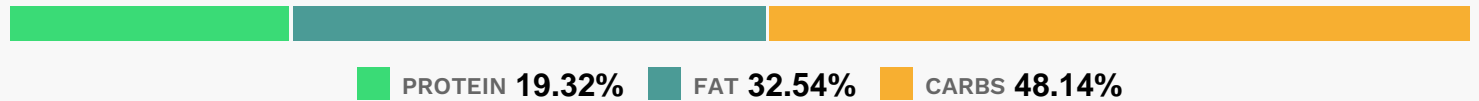
- oven

aluminum foil

Directions

- Preheat oven to 400F.
- Cut 1/2-inch-thick slice off top of bread loaf; set aside. Hollow out interior of loaf. Reserve removed bread for making croutons or another use.
- Spread inside of bread loaf with mayo.
- Fill bread shell with layers of half each of the turkey, cheese and bacon; top with vegetables. Repeat layers of turkey, cheese and bacon. Cover with top of bread; wrap in foil.
- Bake 30 min. or until sandwich is heated through and cheese is melted.
- Let stand 10 min. before cutting into wedges to serve. (Or to serve as a cold sandwich, do not wrap in foil and omit the baking step.)

Nutrition Facts



Properties

Glycemic Index:2.94, Glycemic Load:5.31, Inflammation Score:-9, Nutrition Score:12.842173956011%

Flavonoids

Luteolin: 0.45mg, Luteolin: 0.45mg, Luteolin: 0.45mg, Luteolin: 0.45mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 104.51kcal (5.23%), Fat: 3.9g (6%), Saturated Fat: 1.35g (8.41%), Carbohydrates: 12.99g (4.33%), Net Carbohydrates: 10.72g (3.9%), Sugar: 4.34g (4.83%), Cholesterol: 10.02mg (3.34%), Sodium: 192.36mg (8.36%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.21g (10.43%), Vitamin C: 95.39mg (115.63%), Vitamin A: 2366.85IU (47.34%), Vitamin B6: 0.3mg (15.2%), Manganese: 0.29mg (14.42%), Vitamin B3: 2.56mg (12.81%), Folate: 49.48µg (12.37%), Selenium: 8.1µg (11.58%), Fiber: 2.28g (9.1%), Phosphorus: 84.65mg (8.46%), Vitamin E: 1.26mg (8.39%), Vitamin B1: 0.13mg (8.34%), Vitamin B2: 0.13mg (7.49%), Calcium: 60.7mg (6.07%), Potassium: 211.98mg (6.06%), Iron: 1.01mg (5.62%), Magnesium: 19.03mg (4.76%), Vitamin B5: 0.47mg (4.68%), Vitamin K: 4.57µg (4.35%), Zinc: 0.59mg (3.9%), Copper: 0.04mg (2.24%), Vitamin B12: 0.11µg (1.9%)