



Company Potatoes

 Gluten Free

READY IN



45 min.

SERVINGS



10

CALORIES



304 kcal

SIDE DISH

Ingredients

- ☐ 10.8 ounce campbell's® condensed cream of celery soup canned
- ☐ 10.8 ounce condensed cream of potato soup canned
- ☐ 0.1 teaspoon dill weed dried
- ☐ 0.5 teaspoon ground pepper black
- ☐ 2 pound hash brown potatoes frozen thawed
- ☐ 0.3 cup milk
- ☐ 0.5 cup onion chopped
- ☐ 2 pinches paprika

- ☐ 1 teaspoon salt
- ☐ 2 cups cheddar cheese shredded finely
- ☐ 16 ounce cup heavy whipping cream sour

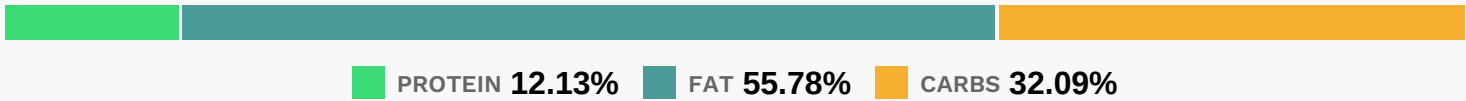
Equipment

- ☐ oven
- ☐ baking pan

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease a 9x13 inch baking dish.
- ☐ Combine the potatoes, potato soup, celery soup, sour cream, milk, onion, salt, pepper and dill weed. Stir until well mixed; pour into prepared baking dish.
- ☐ Spread cheese evenly over potatoes, sprinkle with paprika and bake for 1-1/2 hours until browned on top and bubbly.

Nutrition Facts



Properties

Glycemic Index:17, Glycemic Load:5.03, Inflammation Score:-5, Nutrition Score:9.7569566135821%

Flavonoids

Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg, Isorhamnetin: 0.4mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Quercetin: 1.62mg, Quercetin: 1.62mg, Quercetin: 1.62mg, Quercetin: 1.62mg

Nutrients (% of daily need)

Calories: 304.04kcal (15.2%), Fat: 19.21g (29.56%), Saturated Fat: 9.83g (61.42%), Carbohydrates: 24.87g (8.29%), Net Carbohydrates: 23.06g (8.38%), Sugar: 3.2g (3.56%), Cholesterol: 54.97mg (18.32%), Sodium: 758.82mg (32.99%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 9.4g (18.79%), Calcium: 239.91mg (23.99%), Phosphorus: 210.37mg (21.04%), Manganese: 0.32mg (15.98%), Vitamin A: 725.53IU (14.51%), Selenium: 9.65µg (13.78%), Vitamin B2: 0.22mg (13.09%), Potassium: 422.91mg (12.08%), Vitamin B5: 1.07mg (10.71%), Copper: 0.21mg (10.35%), Vitamin C: 8.51mg (10.31%), Zinc: 1.41mg (9.39%), Vitamin B3: 1.81mg (9.06%), Vitamin B1: 0.13mg (8.47%), Fiber: 1.81g (7.23%), Iron: 1.3mg (7.23%), Vitamin B6: 0.14mg (7.17%), Vitamin K: 7.17µg (6.83%), Vitamin B12: 0.39µg (6.54%), Magnesium: 24.57mg (6.14%), Vitamin E: 0.85mg (5.67%), Folate: 13.95µg (3.49%), Vitamin D: 0.2µg

(1.35%)