

Concord Cosmopolitan Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



166 kcal

BEVERAGE

DRINK

Ingredients

- 4 fluid ounces grape juice
- 2.5 fluid ounces vodka
- 1 fluid ounce orange liqueur

Equipment

Directions

Pour the vodka, Cointreau, and grape juice into a cocktail shaker over ice. Cover, and shake until the outside of the shaker has frosted. Strain into a chilled martini glasses to serve.

Nutrition Facts

PROTEIN 1.67% **FAT 1.95%** **CARBS 96.38%**

Properties

Glycemic Index:7.5, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.82217391499359%

Flavonoids

Cyanidin: 0.53mg, Cyanidin: 0.53mg, Cyanidin: 0.53mg, Cyanidin: 0.53mg Petunidin: 0.6mg, Petunidin: 0.6mg, Petunidin: 0.6mg, Petunidin: 0.6mg Delphinidin: 1.14mg, Delphinidin: 1.14mg, Delphinidin: 1.14mg, Delphinidin: 1.14mg Malvidin: 6.61mg, Malvidin: 6.61mg, Malvidin: 6.61mg, Malvidin: 6.61mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Peonidin: 0.63mg, Peonidin: 0.63mg, Peonidin: 0.63mg, Peonidin: 0.63mg Catechin: 0.48mg, Catechin: 0.48mg, Catechin: 0.48mg, Catechin: 0.48mg Epicatechin: 0.33mg, Epicatechin: 0.33mg, Epicatechin: 0.33mg, Epicatechin: 0.33mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.41mg, Myricetin: 0.41mg, Myricetin: 0.41mg, Myricetin: 0.41mg Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg

Nutrients (% of daily need)

Calories: 166.41kcal (8.32%), Fat: 0.12g (0.19%), Saturated Fat: 0.03g (0.19%), Carbohydrates: 13.5g (4.5%), Net Carbohydrates: 13.38g (4.86%), Sugar: 13.16g (14.62%), Cholesterol: 0mg (0%), Sodium: 4.51mg (0.2%), Alcohol: 16.19g (100%), Alcohol %: 18.5% (100%), Caffeine: 3.84mg (1.28%), Protein: 0.23g (0.47%), Manganese: 0.14mg (7.19%), Potassium: 66.31mg (1.89%), Magnesium: 6.36mg (1.59%), Phosphorus: 11.01mg (1.1%), Copper: 0.02mg (1.01%)