

Confetti Cookie Mix

READY IN



50 min.

SERVINGS



36

CALORIES



105 kcal

DESSERT

Ingredients

- 1 cup sugar
- 0.8 cup flour all-purpose
- 0.3 cup cocoa powder unsweetened
- 0.5 teaspoon baking soda
- 0.3 teaspoon salt
- 1.5 cups rolled oats
- 1 cup bacon bits miniature
- 0.5 cup butter softened
- 2 tablespoons water

0.5 teaspoon vanilla

3 eggs

Equipment

bowl

baking sheet

oven

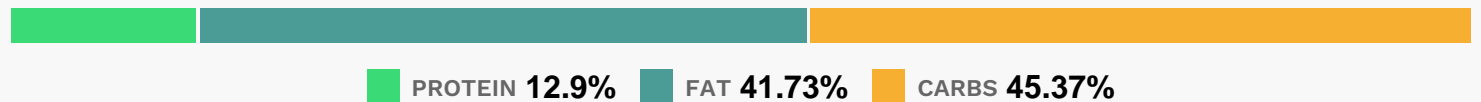
Directions

In medium bowl, mix sugar, flour, cocoa, baking soda and salt. In 1-quart jar with tight-fitting lid, place mixture; tap lightly to pack. Top with oats and baking bits; cover.

Give with gift card that reads: To make cookies, heat oven to 350°F. In large bowl, place contents of jar, butter, water, vanilla and egg. Stir 30 seconds with spoon or until combined. On ungreased cookie sheets, spoon dough by rounded teaspoonfuls 2 inches apart.

Bake 10 to 12 minutes or until edges are set. Cool 5 minutes; remove from cookie sheets to cooling racks.

Nutrition Facts



Properties

Glycemic Index:6.53, Glycemic Load:6.1, Inflammation Score:-2, Nutrition Score:2.7773913235768%

Flavonoids

Catechin: 0.52mg, Catechin: 0.52mg, Catechin: 0.52mg, Catechin: 0.52mg Epicatechin: 1.56mg, Epicatechin: 1.56mg, Epicatechin: 1.56mg, Epicatechin: 1.56mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 104.78kcal (5.24%), Fat: 4.98g (7.66%), Saturated Fat: 2.11g (13.17%), Carbohydrates: 12.18g (4.06%), Net Carbohydrates: 10.81g (3.93%), Sugar: 5.62g (6.25%), Cholesterol: 20.42mg (6.81%), Sodium: 173.67mg (7.55%), Alcohol: 0.02g (100%), Alcohol %: 0.09% (100%), Protein: 3.46g (6.93%), Manganese: 0.17mg (8.62%), Fiber: 1.38g (5.51%), Selenium: 3.65µg (5.21%), Vitamin B1: 0.08mg (5.18%), Phosphorus: 44.79mg (4.48%), Copper: 0.09mg (4.29%), Folate: 16.27µg (4.07%), Magnesium: 15.97mg (3.99%), Vitamin E: 0.58mg (3.88%), Iron: 0.49mg (2.72%),

Vitamin B2: 0.04mg (2.56%), Zinc: 0.37mg (2.46%), Vitamin A: 98.59IU (1.97%), Vitamin B12: 0.12µg (1.95%), Vitamin B3: 0.32mg (1.59%), Calcium: 12.71mg (1.27%), Potassium: 42.66mg (1.22%), Vitamin B5: 0.11mg (1.11%)