

Ingredients

- 1 cup celery chopped
- 3 cups egg bread loaf crusts cut into 1/2-inch cubes
- 1 quart chicken broth
- 4 ounces cherries dried
- 2 teaspoons parsley dried
- 2 teaspoons rubbed sage dried
- 2 large eggs beaten
- 1 cup bell pepper green chopped

- 1 tablespoon kosher salt for the turkey
- 2 ounces mushrooms dried
- 1 cup onion chopped
- 2 ounces pecans chopped
- 1 teaspoon pepper black freshly ground for the turkey
- 12 pound turkey
 - 1 tablespoon vegetable oil for the turkey

Equipment

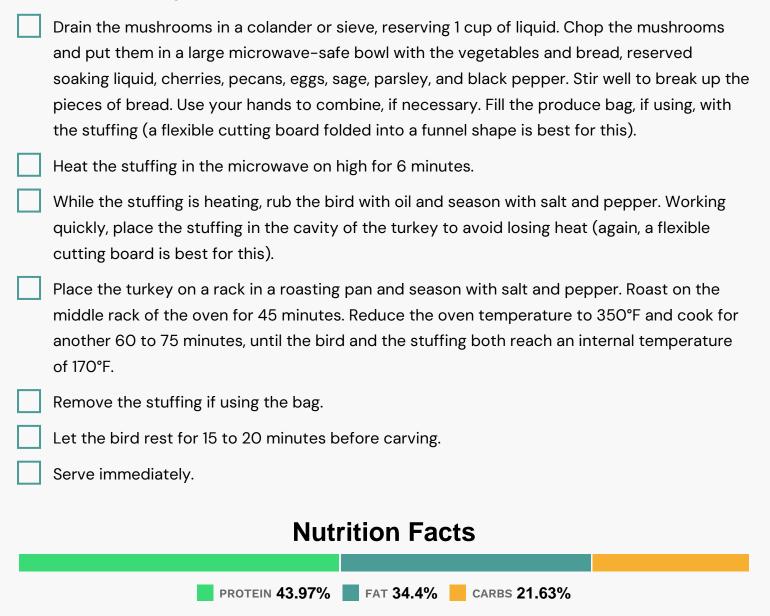
- bowl
 frying pan
 oven
 mixing bowl
 sieve
 roasting pan
 microwave
 colander
 cutting board
- Diractions

funnel

Directions

- Heat the oven to 400°F.
- Put the turkey in a deep bowl with the stuffing end up. Set aside.
- Heat the chicken broth in an electric kettle (or in the microwave in a microwave-safe vessel).
- Put the mushrooms in a heatproof bowl and pour the broth over them. Cover and set aside for 35 minutes.
- Toss the onion, celery, and bell pepper with the oil and salt in a large mixing bowl.
- Spread the vegetables on a half sheet pan and roast for 35 minutes. During the last 10 minutes of cooking, spread the bread cubes over the vegetables, return to the oven, and

continue cooking.



Properties

Glycemic Index:35.75, Glycemic Load:1.27, Inflammation Score:-10, Nutrition Score:69.503912842792%

Flavonoids

Cyanidin: 1.52mg, Cyanidin: 1.52mg, Cyanidin: 1.52mg, Cyanidin: 1.52mg Delphinidin: 1.03mg, Delphinidin: 1.03mg, Delphinidin: 1.03mg Catechin: 1.03mg, Catechin: 0.8mg, Epigallocatechin: 0.8mg, Epigallocatechin: 0.8mg, Epigallocatechin: 0.8mg, Epigallocatechin: 0.12mg, Epicatechin: 0.12mg, Epicatechin: 0.12mg, Epicatechin: 0.12mg, Epicatechin: 0.12mg, Epicatechin: 0.12mg, Epigallocatechin: 3-gallate: 0.33mg, Epigallocatechin: 3-gallate: 0.33mg, Epigallocatechin: 3-gallate: 0.33mg, Epigallocatechin: 2.98mg, Apigenin: 2.98mg, Apigenin: 2.98mg, Apigenin: 2.98mg, Apigenin: 2.98mg, Apigenin: 2.04mg, Luteolin: 2.04mg, Luteolin: 2.04mg Isorhamnetin: 2.17mg, Isorhamnetin: 2.17mg, Isorhamnetin: 2.17mg, Isorhamnetin: 2.17mg, Myricetin: 0.01mg, Myricetin: 0.01mg,

Nutrients (% of daily need)

Calories: 2171.29kcal (108.56%), Fat: 81.84g (125.9%), Saturated Fat: 19.21g (120.07%), Carbohydrates: 115.74g (38.58%), Net Carbohydrates: 105.61g (38.4%), Sugar: 23.3g (25.89%), Cholesterol: 883.86mg (294.62%), Sodium: 4442.21mg (193.14%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 235.34g (470.68%), Vitamin B3: 83.87mg (419.33%), Selenium: 270.02µg (385.74%), Vitamin B6: 6.14mg (307.06%), Phosphorus: 2092.73mg (209.27%), Vitamin B12: 12.24µg (204%), Vitamin B2: 2.93mg (172.24%), Zinc: 19.97mg (133.12%), Manganese: 1.96mg (98.06%), Vitamin B1: 1.45mg (96.77%), Vitamin B5: 9.23mg (92.31%), Iron: 15.55mg (86.36%), Potassium: 2746.63mg (78.48%), Magnesium: 310.86mg (77.72%), Folate: 291.95µg (72.99%), Copper: 1.36mg (67.89%), Vitamin A: 2328.18IU (46.56%), Vitamin C: 34.22mg (41.48%), Fiber: 10.13g (40.51%), Calcium: 358.34mg (35.83%), Vitamin D: 4.14µg (27.58%), Vitamin K: 21.09µg (20.09%), Vitamin E: 2.39mg (15.96%)