



Cookie-Wrapped Candy Bars on a Stick

 Dairy Free

READY IN



102 min.

SERVINGS



24

CALORIES



261 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 24 celery stalks with rounded ends
- ☐ 24 chocolate bar miniature
- ☐ 18 ounces sugar cookie dough refrigerated

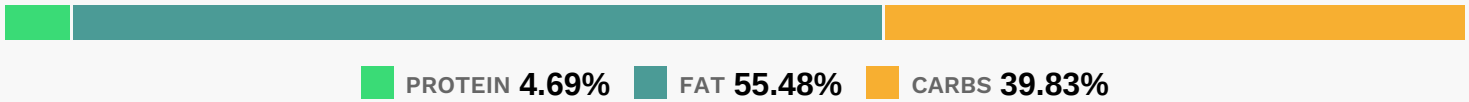
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 350°F. Insert wooden stick into each candy bar.
- ☐ Remove cookie dough from wrapper; cut into 24 pieces.
- ☐ Roll each piece into ball; flatten each ball slightly in hand.
- ☐ Place candy bar in center of flattened dough. Wrap dough around candy, covering and sealing completely.
- ☐ Place 2 inches apart on ungreased cookie sheet, overlapping wooden sticks as needed.
- ☐ Bake at 350°F. for 10 to 12 minutes or until edges are light golden brown. Cool on cookie sheets for 5 minutes.
- ☐ Remove from cookie sheets; place on wire racks. Cool 1 hour or until completely cooled. (Do not pick up cookies using stick until completely cooled.)

Nutrition Facts



Properties

Glycemic Index:2.29, Glycemic Load:2.27, Inflammation Score:-3, Nutrition Score:7.11869569058%

Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 260.7kcal (13.04%), Fat: 16.09g (24.75%), Saturated Fat: 8.01g (50.08%), Carbohydrates: 25.99g (8.66%), Net Carbohydrates: 22.68g (8.25%), Sugar: 14.53g (16.15%), Cholesterol: 3.18mg (1.06%), Sodium: 70.67mg (3.07%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 22.4mg (7.47%), Protein: 3.06g (6.12%), Manganese: 0.62mg (30.75%), Copper: 0.5mg (25.19%), Iron: 3.73mg (20.74%), Magnesium: 65.77mg (16.44%), Fiber: 3.31g (13.23%), Phosphorus: 123.13mg (12.31%), Potassium: 241.86mg (6.91%), Zinc: 0.98mg (6.55%), Vitamin K: 5.09µg (4.84%), Vitamin B3: 0.82mg (4.1%), Folate: 14.84µg (3.71%), Selenium: 2.58µg (3.68%), Vitamin B1: 0.05mg (3.6%), Vitamin B2: 0.05mg (2.94%), Calcium: 23.74mg (2.37%), Vitamin B5: 0.18mg (1.79%), Vitamin E: 0.22mg (1.44%), Vitamin B12: 0.08µg (1.38%)