



Cookies and Cream Cake Mix Brownies

 Dairy Free

READY IN



70 min.

SERVINGS



9

CALORIES



391 kcal

DESSERT

Ingredients

- 1 box chocolate cake mix
- 0.3 cup vegetable oil
- 2 eggs
- 8 oz gumdrops

Equipment

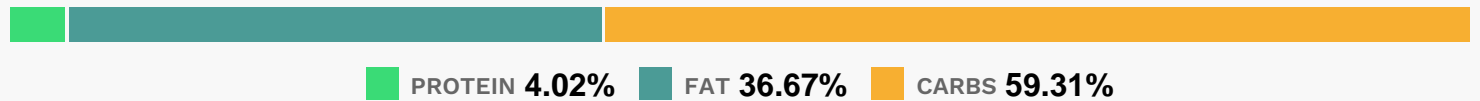
- bowl
- frying pan
- oven

- wire rack
- hand mixer
- toothpicks

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Grease bottom only of 9-inch square pan with shortening or spray with cooking spray.
- In small bowl, beat cake mix, oil and eggs with electric mixer on low speed until smooth.
- Press half of the batter in bottom of pan. Cover with candies. Press remaining batter over top.
- Bake 25 to 30 minutes or until toothpick inserted in center comes out clean. Cool completely on cooling rack, about 30 minutes.
- Cut into 3 rows by 3 rows.

Nutrition Facts



Properties

Glycemic Index:8.67, Glycemic Load:19.42, Inflammation Score:-2, Nutrition Score:6.1791305231011%

Nutrients (% of daily need)

Calories: 390.59kcal (19.53%), Fat: 16.49g (25.37%), Saturated Fat: 3.1g (19.4%), Carbohydrates: 60.03g (20.01%), Net Carbohydrates: 58.86g (21.4%), Sugar: 33.29g (36.99%), Cholesterol: 36.37mg (12.12%), Sodium: 420.97mg (18.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 5.28mg (1.76%), Protein: 4.06g (8.13%), Vitamin K: 16.7µg (15.91%), Phosphorus: 149.21mg (14.92%), Iron: 2.43mg (13.52%), Selenium: 9.16µg (13.08%), Copper: 0.2mg (10.1%), Vitamin E: 1.3mg (8.64%), Folate: 34.36µg (8.59%), Calcium: 78.23mg (7.82%), Vitamin B2: 0.12mg (7.34%), Magnesium: 23.99mg (6%), Vitamin B1: 0.09mg (5.8%), Manganese: 0.11mg (5.61%), Potassium: 173.15mg (4.95%), Fiber: 1.18g (4.71%), Vitamin B3: 0.78mg (3.89%), Zinc: 0.51mg (3.4%), Vitamin B5: 0.22mg (2.18%), Vitamin B6: 0.04mg (1.83%), Vitamin B12: 0.09µg (1.45%), Vitamin D: 0.2µg (1.3%), Vitamin A: 54.24IU (1.08%)