

Cookies and Cream Cupcakes







DESSERT

Ingredients

1 teaspoon double-acting baking powder
1 teaspoon baking soda
0.5 cup butter softened
1 cup butter softened
1 teaspoon chocolate extract
1 cup dutch process cocoa
4 large eggs
1 cups paper baking

16 oz powdered sugar

	0.1 teaspoon salt
	0.5 teaspoon salt
	2 cups caster sugar
	15 cream-filled chocolate sandwich cookies miniature crushed finely
	24 cream-filled chocolate sandwich cookies whole miniature crushed (or coarsely)
	2 teaspoons clear vanilla extract
	2 cups water boiling
	2.8 cups soft-wheat flour all-purpose
	0.3 cup whipping cream
Eq	uipment
	bowl
	oven
	blender
	hand mixer
	wooden spoon
	kitchen scissors
Di	rections
	Preheat oven to 350 degrees.
	Combine cocoa and 2 cups boiling water in a large heatproof bowl, stirring until blended and smooth; cool completely. Beat butter with a mixer until creamy; gradually add sugar, beating until blended.
	Add eggs, 1 at a time, beating until blended after each addition.
	Combine flour and next 3 ingredients; add to butter mixture alternately with cocoa mixture, beginning and ending with flour mixture. Beat at low speed just until blended after each addition. Stir in chocolate extract.
	Place paper baking cups in 2 (12-cup) muffin pans, and coat with cooking spray; spoon batter into cups, filling two-thirds full.

Bake for 12 to 15 minutes. Cool in pans on wire racks 10 minutes; remove from pans, and cool completely.
To prepare frosting, beat butter at medium speed with an electric mixer until creamy. Gradually add powdered sugar, alternately with cream, beating at low speed until blended.
Add salt and vanilla, beating until blended. Stir in crushed cookies until combined. Beat at high speed 2 minutes or until creamy. Makes 4 cups.
Fill each cupcake with Cookies and Cream Frosting. To fill cupcakes, insert the end of a wooden spoon or dowel into the center of the cupcake to make a hole. Fill a zip-top plastic freezer bag with filling or frosting. Use scissors or kitchen shears to snip about 1/4 inch from one corner of the bag; insert bag into the hole in the cupcake. Squeeze gently until filling comes to the top of each cupcake.
Frost each cupcake with Cookies and Cream Frosting using metal tip no. Top each with 1 sandwich cookie or, if desired, crushed cookie pieces.
Nutrition Facts
PROTEIN 4.32% FAT 37.31% CARBS 58.37%

Properties

Glycemic Index:14.05, Glycemic Load:19.59, Inflammation Score:-5, Nutrition Score:8.0199999203501%

Flavonoids

Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

Nutrients (% of daily need)

Calories: 435.8kcal (21.79%), Fat: 18.67g (28.72%), Saturated Fat: 9.92g (62.03%), Carbohydrates: 65.73g (21.91%), Net Carbohydrates: 63.34g (23.03%), Sugar: 43.92g (48.8%), Cholesterol: 65.34mg (21.78%), Sodium: 369.84mg (16.08%), Alcohol: 0.11g (100%), Alcohol %: 0.12% (100%), Caffeine: 9.22mg (3.07%), Protein: 4.86g (9.73%), Iron: 3.85mg (21.4%), Manganese: 0.39mg (19.46%), Selenium: 9.77µg (13.96%), Folate: 49.98µg (12.49%), Vitamin B1: 0.19mg (12.48%), Copper: 0.24mg (12.08%), Vitamin B2: 0.2mg (11.99%), Phosphorus: 114.65mg (11.46%), Fiber: 2.38g (9.53%), Vitamin A: 448.73IU (8.97%), Vitamin B3: 1.67mg (8.37%), Magnesium: 33.25mg (8.31%), Vitamin K: 6.92µg (6.59%), Vitamin E: 0.95mg (6.32%), Zinc: 0.65mg (4.35%), Calcium: 40.85mg (4.08%), Potassium: 142.87mg (4.08%), Vitamin B5: 0.33mg (3.26%), Vitamin B12: 0.12µg (2.05%), Vitamin B6: 0.03mg (1.73%), Vitamin D: 0.22µg (1.46%)