



Cookies and Cream Fudge

READY IN



65 min.

SERVINGS



16

CALORIES



303 kcal

DESSERT

Ingredients

- 12 oz peppermint candies white (2 cups)
- 16 oz cream cheese frosting
- 1.5 cups crème-filled chocolate sandwich cookies crushed (18 cookies)

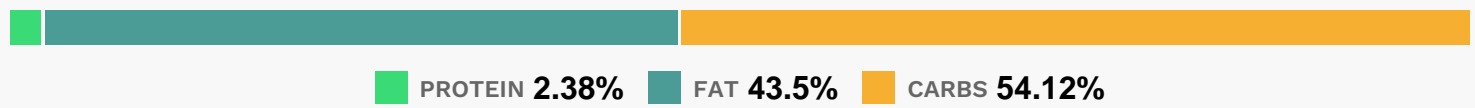
Equipment

- bowl
- frying pan
- microwave

Directions

- Spray 9-inch square pan with baking spray with flour. In large microwavable bowl, microwave white chips uncovered on High in 30-second increments, stirring after each, until melted and smooth. Stir in frosting and 1 cup of the crushed cookies.
- Spread in pan.
- Press remaining 1/2 cup crushed cookies in top of fudge. Cover; refrigerate until firm, about 1 hour.
- Cut into 4 rows by 4 rows.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.9978260952655%

Nutrients (% of daily need)

Calories: 302.7kcal (15.14%), Fat: 15.12g (23.26%), Saturated Fat: 8.44g (52.72%), Carbohydrates: 42.33g (14.11%), Net Carbohydrates: 41.9g (15.24%), Sugar: 36.19g (40.21%), Cholesterol: 0mg (0%), Sodium: 125.53mg (5.46%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.86g (3.72%), Iron: 1.86mg (10.34%), Manganese: 0.11mg (5.27%), Vitamin K: 4.11µg (3.91%), Calcium: 35.89mg (3.59%), Copper: 0.06mg (2.79%), Vitamin E: 0.37mg (2.47%), Folate: 9.15µg (2.29%), Vitamin B2: 0.04mg (2.2%), Vitamin B3: 0.39mg (1.97%), Vitamin B1: 0.03mg (1.97%), Magnesium: 7.62mg (1.9%), Fiber: 0.44g (1.74%), Phosphorus: 14.8mg (1.48%), Selenium: 0.92µg (1.32%), Potassium: 45.02mg (1.29%)