

# **Cookies and Creme Brownies**







DESSERT

### Ingredients

1 box brownie mix (1 lb 2.3 oz)
0.7 cup crème-filled chocolate sandwich cookies coarsely chopped
1 cup crème-filled chocolate sandwich cookies crushed
2 eggs
0.7 cup vanilla frosting (16-oz size)

- 0.7 cup vegetable oil
- 0.3 cup water

## **Equipment**

	bowl		
	frying pan		
	oven		
	toothpicks		
	microwave		
Directions			
	Heat oven to 350F. Grease bottom only of rectangular pan, 13x9x2 inches, or spray with cooking spray.		
	Stir brownie mix, water, oil and eggs in medium bowl until well blended. Stir in 1 cup crushed cookies.		
	Spread in pan.		
	Bake 24 to 26 minutes or until toothpick inserted 2 inches from side of pan comes out clean or almost clean. Cool completely, about 1 hour. In small microwavable bowl, microwave frosting uncovered on High about 10 to 15 seconds or until drizzling consistency.		
	Drizzle frosting over brownies.		
	Sprinkle with 2/3 cup chopped cookies. For 20 brownies, cut into 5 rows by 4 rows.		
	Nutrition Facts		
	PROTEIN 4.36% FAT 34.63% CARBS 61.01%		
	FROTEIN 4.30/0 FAT 34.03/0 CARDS 01.01/0		

### **Properties**

Glycemic Index:2.15, Glycemic Load:2.2, Inflammation Score:-1, Nutrition Score:2.4734782278538%

### Nutrients (% of daily need)

Calories: 224.95kcal (11.25%), Fat: 8.72g (13.42%), Saturated Fat: 2g (12.51%), Carbohydrates: 34.58g (11.53%), Net Carbohydrates: 34.19g (12.43%), Sugar: 22.84g (25.38%), Cholesterol: 16.37mg (5.46%), Sodium: 146.45mg (6.37%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 2.47g (4.95%), Iron: 2.42mg (13.44%), Vitamin K: 7.32µg (6.97%), Manganese: 0.09mg (4.58%), Vitamin B2: 0.07mg (4.39%), Vitamin E: 0.61mg (4.06%), Selenium: 2.05µg (2.93%), Folate: 10.8µg (2.7%), Copper: 0.05mg (2.41%), Phosphorus: 22.47mg (2.25%), Vitamin B1: 0.03mg (1.92%), Vitamin B3: 0.37mg (1.83%), Magnesium: 6.9mg (1.72%), Fiber: 0.39g (1.55%), Potassium: 39.83mg (1.14%), Vitamin B5: 0.11mg (1.12%), Zinc: 0.16mg (1.07%)