



Cookies and Creme Brownies

READY IN



100 min.

SERVINGS



20

CALORIES



225 kcal

DESSERT

Ingredients

- 1 box brownie mix (1 lb 2.3 oz)
- 0.7 cup crème-filled chocolate sandwich cookies coarsely chopped
- 1 cup crème-filled chocolate sandwich cookies crushed
- 2 eggs
- 0.7 cup vanilla frosting (16-oz size)
- 0.7 cup vegetable oil
- 0.3 cup water

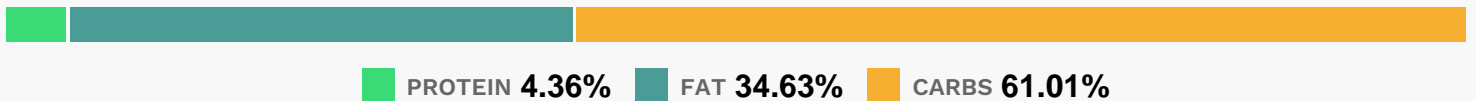
Equipment

- bowl
- frying pan
- oven
- toothpicks
- microwave

Directions

- Heat oven to 350F. Grease bottom only of rectangular pan, 13x9x2 inches, or spray with cooking spray.
- Stir brownie mix, water, oil and eggs in medium bowl until well blended. Stir in 1 cup crushed cookies.
- Spread in pan.
- Bake 24 to 26 minutes or until toothpick inserted 2 inches from side of pan comes out clean or almost clean. Cool completely, about 1 hour. In small microwavable bowl, microwave frosting uncovered on High about 10 to 15 seconds or until drizzling consistency.
- Drizzle frosting over brownies.
- Sprinkle with 2/3 cup chopped cookies. For 20 brownies, cut into 5 rows by 4 rows.

Nutrition Facts



Properties

Glycemic Index:2.15, Glycemic Load:2.2, Inflammation Score:-1, Nutrition Score:2.4734782278538%

Nutrients (% of daily need)

Calories: 224.95kcal (11.25%), Fat: 8.72g (13.42%), Saturated Fat: 2g (12.51%), Carbohydrates: 34.58g (11.53%), Net Carbohydrates: 34.19g (12.43%), Sugar: 22.84g (25.38%), Cholesterol: 16.37mg (5.46%), Sodium: 146.45mg (6.37%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.47g (4.95%), Iron: 2.42mg (13.44%), Vitamin K: 7.32µg (6.97%), Manganese: 0.09mg (4.58%), Vitamin B2: 0.07mg (4.39%), Vitamin E: 0.61mg (4.06%), Selenium: 2.05µg (2.93%), Folate: 10.8µg (2.7%), Copper: 0.05mg (2.41%), Phosphorus: 22.47mg (2.25%), Vitamin B1: 0.03mg (1.92%), Vitamin B3: 0.37mg (1.83%), Magnesium: 6.9mg (1.72%), Fiber: 0.39g (1.55%), Potassium: 39.83mg (1.14%), Vitamin B5: 0.11mg (1.12%), Zinc: 0.16mg (1.07%)