



## Cookies 'n Cream RICE KRISPIESÂ® TREATSÂ,,ç

READY IN



10 min.

SERVINGS



10

CALORIES



260 kcal

### Ingredients

- 3 Tbsp butter
- 5 cups kelloggâ€™™sâ® rice krispiesâ® cereal
- 10 oz marshmallows jet-puffed
- 16 oreo cookies divided coarsely chopped

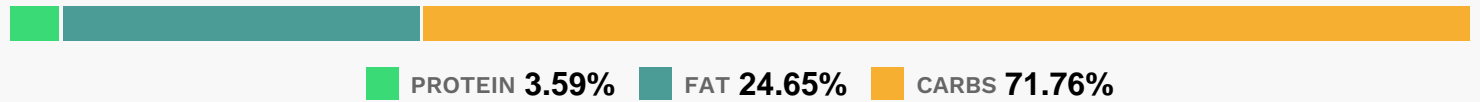
### Equipment

- bowl
- frying pan
- microwave

## Directions

- Microwave butter in large microwaveable bowl on HIGH 45 sec. or until melted.
- Add marshmallows; toss to coat. Microwave 1-1/2 min. or until marshmallows are completely melted and mixture is well blended, stirring after 45 sec.
- Add cereal and 1 cup chopped cookies; mix well.
- Press onto bottom of 13x9-inch pan sprayed with cooking spray.
- Sprinkle with remaining chopped cookies; press lightly into cereal mixture to secure. Cool completely before cutting into squares.

## Nutrition Facts



## Properties

Glycemic Index:6.05, Glycemic Load:13.93, Inflammation Score:-6, Nutrition Score:10.420000159222%

## Nutrients (% of daily need)

Calories: 260.06kcal (13%), Fat: 7.36g (11.32%), Saturated Fat: 1.87g (11.68%), Carbohydrates: 48.21g (16.07%), Net Carbohydrates: 47.35g (17.22%), Sugar: 25.22g (28.03%), Cholesterol: 0mg (0%), Sodium: 246mg (10.7%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.41g (4.82%), Iron: 6.88mg (38.24%), Manganese: 0.62mg (30.79%), Folate: 112.07µg (28.02%), Vitamin B2: 0.26mg (15.5%), Vitamin B3: 3.02mg (15.1%), Vitamin B1: 0.23mg (15.08%), Zinc: 2.03mg (13.53%), Vitamin B6: 0.26mg (12.77%), Vitamin B12: 0.76µg (12.65%), Vitamin A: 400.64IU (8.01%), Copper: 0.13mg (6.34%), Selenium: 4.13µg (5.89%), Calcium: 56.09mg (5.61%), Vitamin K: 5.4µg (5.14%), Vitamin E: 0.65mg (4.34%), Phosphorus: 41.07mg (4.11%), Vitamin C: 3.01mg (3.64%), Magnesium: 13.77mg (3.44%), Fiber: 0.86g (3.42%), Vitamin D: 0.5µg (3.33%), Vitamin B5: 0.26mg (2.61%), Potassium: 73.49mg (2.1%)