



Cool Bunny Dessert

READY IN



1470 min.

SERVINGS



12

CALORIES



256 kcal

DESSERT

Ingredients

- 0.5 cup baker's angel flake coconut
- 3 gumdrops
- 3.4 oz jell-o vanilla flavor pudding instant
- 1 cup marshmallows jet-puffed miniature
- 2 cups milk cold
- 28 oreo cookies
- 42 inches string licorice red
- 2 oblong vanilla creme-filled sandwich cookies
- 1.5 cups cool whip whipped topping thawed

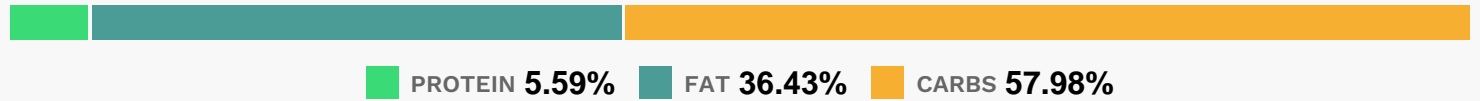
Equipment

- frying pan
- whisk
- plastic wrap

Directions

- Beat pudding mix and milk with whisk 2 min.
- Place 14 OREO Cookies on bottom of 8-inch round pan lined with plastic wrap; cover with layers of 1 cup pudding and marshmallows. Repeat layers of OREO Cookies and pudding. Cover with additional plastic wrap.
- Refrigerate overnight. Uncover. Invert dessert onto serving plate; remove plastic wrap. Frost dessert with COOL WHIP; sprinkle with coconut. Decorate with CAMEO Cookies for the bunny ears, gumdrops for the nose and eyes, and licorice for the mouth and whiskers. Keep refrigerated.

Nutrition Facts



Properties

Glycemic Index:18.54, Glycemic Load:3.14, Inflammation Score:-2, Nutrition Score:6.2408694961797%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg, Quercetin: 0.24mg

Nutrients (% of daily need)

Calories: 255.79kcal (12.79%), Fat: 10.62g (16.34%), Saturated Fat: 5.5g (34.36%), Carbohydrates: 38.04g (12.68%), Net Carbohydrates: 36.32g (13.21%), Sugar: 25.82g (28.69%), Cholesterol: 5.07mg (1.69%), Sodium: 194.9mg (8.47%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.67g (7.34%), Iron: 3.67mg (20.38%), Manganese: 0.31mg (15.74%), Vitamin K: 12.03µg (11.45%), Vitamin B2: 0.15mg (8.82%), Phosphorus: 86.72mg (8.67%), Copper: 0.14mg (6.86%), Fiber: 1.71g (6.85%), Calcium: 67.84mg (6.78%), Vitamin B1: 0.09mg (6.3%), Magnesium: 24.47mg (6.12%), Vitamin E: 0.84mg (5.62%), Folate: 21.66µg (5.41%), Potassium: 177.63mg (5.08%), Selenium: 3.37µg (4.81%), Vitamin B3: 0.92mg (4.62%), Vitamin B12: 0.24µg (3.97%), Zinc: 0.49mg (3.25%), Vitamin D: 0.45µg

(2.98%), Vitamin B5: 0.29mg (2.92%), Vitamin B6: 0.06mg (2.84%), Vitamin A: 134.72IU (2.69%), Vitamin C: 1.14mg (1.38%)